

OLYMPIC

NEPAL



SOUTH ASIAN GAMES - 2019

KATHMANDU-POKHARA-JANAKPUR

1-10 December, 2019



02 SOUTH ASIA OLYMPIC COUNCIL MEETING AND IT'S DECISIONS

The origins of South Asian Federation Games or South Asian Games

05 OFFICIAL MASCOT AND LOGO OF 13TH SOUTH ASIAN GAMES, 2019

Official Mascot

35 13TH SAG MEDALS
13th South Asian Games medal winners.

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13th SAG 2019



NEPAL OLYMPIC COMMITTEE
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ON THE COVER

Opening Ceremony

Venue: Dasarath Rangasala

Photo: NOC, NSC, Shyam Chitrakar, Rajendra Chitrakar

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President's Message



It's my great pleasure to publish a Special Edition of 13th South Asian Games report.

The aim of the special edition is to provide the information of the 13th South Asian Games to sports fraternity, National federations and other organizations.

It was a great honor to receive the SAOC (South Asia Olympic Council) Flag on closing ceremony of 12th South Asian Games (i.e. 16th February, 2016) at Guwahati, India to host the next edition of South Asian Games (i.e. 13th South Asian Games) in Nepal.

However, there were many challenges to host the 13th south Asian Games in Nepal within a time of two years because of internal difficulties and lack of sports facilities which were totally damaged by the devastating Earthquake occurred in the year 2015.

We were able to construct & renovate all the necessary sport facilities in time for the 13th South Asian Games and the games were successfully held in Kathmandu, Pokhara and Janakpur on December 1-10, 2019.

First time in the history of South Asian Games, 26 sports with 317 events were included. Nepal clinched up most successful 13th South Asian Games with a record of medal winning 206 medals including 51 Gold Medals, 60 Silver and 95 Bronze Medals.

I would like to express my sincere thanks to Mr. Nilendra Raj Shrestha (Secretary General, NOC Nepal) for his initiation to publish the report. And also to extend my special thanks to all the personnel who were actively involved to publish the 13th SAG report.

A handwritten signature in black ink, appearing to read 'Jeevan Ram Shrestha', with a horizontal line underneath.

Jeevan Ram Shrestha
President



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Official Mascot and Logo of 13th South Asian Games, 2019



35

13th SAG Medals

SOUTH ASIAN GAMES 2017
KATHMAN POKHARA - JANAKPUR
1-10 December, 2019



SOUTH ASIAN GAMES
GOLF COMPETITION
13th
KATHMAN POKHARA - JANAKPUR
1-10 December

SOUTH ASIAN GAMES
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GOLF COMPETITION
13th
KATHMAN POKHARA - JANAKPUR
1-10 December



It will be the 3rd time Nepal will be hosting the South Asian Games



Inauguration Program 2019 SAG.

For the year 2019, Nepal has shouldered the responsibility of hosting the 13th South Asian Games. The President of Nepal Olympic Committee, Mr. Jeevan Ram Shrestha had received a prestigious flag of South Asian Olympic Council (SAOC) at the 12th South Asian Games held at Guwahati, India from Indian Olympic Association (IOA), President N Ramchandran at the closing ceremony.

After the closing ceremony of 12th South Asian Games, Nepal had given all the responsibility of conducting 13th South Asian Games (SAG). Therefore, there was a press meet at Ashgabat on 27th September, 2017 where Nepal Olympic Committee had postponed the 13th South Asian Games for 20 months

which will be now on 2019 March at Nepal. Nepal Olympic Committee has declared the date for the 13th South Asian Games from 9th March to 19th March. NOC has confirmed 23 games and 2 games from the host country which are Karate and Golf. All the games will be conducted in Kathmandu and Pokhara. For the preparation of 13th South Asian Games, the stadiums are under maintenance. Since the 12th SAG held at Guwahati, mesmerized all the nation members so our NOC President has assured to fabricate stunning platforms for the SAG competitions for 13th South Asian Games on 2019. Nepal has come up to host the South Asian Games inaugural and the eight edition of South Asian Games (SAG). While other member nations like India,

Sri Lanka, Bangladesh and Pakistan have hosted the institution for once or more than once, nations like Maldives and Afghanistan haven't hosted an event yet.

It will be the 3rd time Nepal will be hosting the South Asian Games after the conduction of 1st edition of South Asian Games in 1984 and 8th edition SAG in 1999. Finally, Nepal Olympic Committee (NOC) will be eagerly waiting for the grand event of 13th South Asian Games to be held on March, 2019 welcoming all the member nation to the land of the highest peak and the birthplace of Lord Buddha. All the participants and the member nation are heartily regards for the presence event of 13th SAG.

South Asia Olympic Council meeting AND IT'S DECISIONS



Mr. Keshab Kumar Bista (Member Secretary of NSC), Mr. Maxwell Priyantha Nirmal De Silva of Sri Lanka, Mr. Fakhruddin Haider of Bangladesh, Mr. Daljit Sripali (Youth and Sports Minister of Nepal), Mr. Jeevan Ram Shrestha (President of NOC), Mr. Jigme Thinley of Bhutan, Mr. Muhammad Khalid Mahmood from Pakistan

Nepal is all set to host the 13th edition of South Asian Games in Kathmandu from March 9-18 in 2019. A meeting of the South Asia Olympic Council (SAOC) on 12 March 2016 took a decision to this effect.

The meeting also officially announced Nepal Olympic Committee President Jeevan Ram Shrestha and General Secretary Lama Tendi Sherpa as the president and general secretary respectively of the SAOC as per the charter of the regional sports body.

Another major decision taken by the meeting, attended by delegates from five south Asian member states, is to establish permanent headquarters of SAOC in Nepal, which had been pending since the inauguration of the games in 1984 under the initiative of Nepal.

There will be 22 to 25 sports disciplines in the South Asian Games but the categories are yet to be decided.

According to NOC President Shrestha, the meeting has decided to allow the host country to propose two sports among the 25 sports to be included in the games.

Among other decisions taken by the meeting includes amendment of the charter of SAOC. The amendment will be endorsed by the next meeting of SAOC proposed for July 2017 in Bhutan.

Speaking at the inauguration of the SAOC meeting held at Nepal Olympic Committee (NOC), Satdobato, NOC and SAOC President Jeevan Ram Shrestha informed the delegates that the government of Nepal has already endorsed the proposal to organize the games.

"The government has already endorsed our proposal and has allocated budget for the games," said NOC President Shrestha, adding, "A monitoring and instruction committee has been formed

under the chairmanship of the prime minister and a preparation committee headed by the sports minister is also working accordingly to successfully organize the regional games."

Nepal is the pioneer of the South Asian Games, which was held in Kathmandu for the first time in 1984. This is the third time Nepal is about to organize the games after the success of the first and eighth editions held in Kathmandu. The last time Nepal organized the regional sporting extravaganza was in 1999.

Chief guest Daljit Sripali, minister for youth and sports, reiterated that the government was committed to hold the games in the scheduled time.

"This is not just an opportunity but a matter of pride for all Nepalis. We are committed to hold the games in time and I want to assure all that the government of Nepal has kept the games in its priority list," said the minister.

Representatives from Pakistan, Sri Lanka, Bangladesh and Bhutan attended the meeting while delegates from India and the Maldives couldn't attend the meeting.

Mr. Muhammad Khalid Mahmood from Pakistan; Mr. Charles Wellington Devaraja Henry and Mr. Maxwell Priyantha Nirmal De Silva of Sri Lanka; Mr. Fakhruddin Haider of Bangladesh and Mr. Sonam Karma Tshering and Mr. Jigme Thinley of Bhutan represented their respective Olympic associations during Saturday's meeting.

According to NOC and SAOC President Shrestha, all decisions during Saturday's meeting were endorsed by majority of the SAOC member states.

Meeting of South Asian Olympic Council decided to include 2 more sport for the **13th SOUTH ASIAN GAMES**



Nepal Olympic Committee Hosted the South Asian Olympic Council meeting on Saturday July 21st, 2018. Delegates from South Asian National Olympic Committees namely from Bangladesh Mr. Asaduz-zaman Kohinoor (Deputy Secretary General) & Mr. Fakhruddin Haider (Director General), from Pakistan Mr. Muhammad Khalid Mahmood (Secretary General) & Mr. Muhammad Shafiq (Treasurer), from Sri Lanka Mr. Suresh Subramaniam (President), Mr. Maxwell De Silva (Secretary General) & Mr. Buwaneka Padmakumara Herath (Director General), from Maldives Mr. Ahmed Marzooq (Secretary

General) & Mr. Thamooh Ahmed Saeed (Project Coordinator) and from India Mr. Balbir Sing Kushwaha (Executive Member) were present. The meeting was chaired by President of Nepal Olympic Committee/ President of South Asian Olympic Council/ Member of Parliament Honorable Jeevan Ram Shrestha. Vice President of NOC Mrs. Jyoti Rana, Treasurer of NOC Mr. Ratan Tandon and Executive Member of NOC Mr. Nilendra Shrestha were also present.

The meeting decided on the inclusion of 2 more sports (Paragliding and Cricket) which was previously 25 sports (Archery,

Athletics, Badminton, Basketball, Boxing, Cycling, Fencing, Football, Golf, Handball, Judo, Kabaddi, Karate, Kho Kho, Shooting, Squash, Swimming, Table Tennis, Taekwondo, Tennis, Triathlon, Volley Ball, Weightlifting, Wrestling and Wushu in the upcoming 13th South Asian Games slated on Nepal in 9th March, 2018.

It was also decided that the final decisions on the amendment of the OCA Constitution will be done in the next South Asia Olympic Council meeting slated on Jakarta, Indonesia 20th Aug, 2018 morning.

SAOC BOARD MEETING AND GENERAL ASSEMBLY OF OCA IN BANGKOK, THAILAND

February 28, 2019



**SOUTH ASIA
OLYMPIC COUNCIL**



OLYMPIC COUNCIL OF ASIA

Representing Nepal Olympic Committee, President of South Asia Olympic Council/ President of NOC/ Member of Parliament Honorable Jeevan Ram Shrestha along with Vice President Mr. Dharendra Kumar Pradhan, Treasurer Mr. Ratan Kumar Tandon, Member Mr. Tej Bahadur Gurung and Executive Secretary Mr. Sujan Lal Shrestha travelled to Bangkok, Thailand for the South Asian Board Meeting slated at 1st March, 2019. Representing Nepal Government Vice President of National Sports Council Mr. Pitambar Timalsina also joined the meeting. In the meeting representatives of other South Asian Nations will also participate.

The agendas of the meeting are:

1. Setting the final date of 13th South Asian Games.
2. Finalizing the Constitution Amendment of South Asian Olympic Council.

The Olympic Council of Asia General Assembly will also be held in Bangkok, Thailand on the 2nd and 3rd March, 2019. The representatives from NOC will participate in the General Assembly from there.

Official Mascot and Logo of 13th SOUTH ASIAN GAMES, 2019



13th South Asian Games Slated at Kathmandu-Pokhara, Nepal on 2019's Official Logo & Mascot has been Published today.

१३ औं दक्षिण एशियाली खेलकुद (SAG) - २०१९ को प्रतीक चिन्ह (Logo)



Logo of 13th South Asian Games 2019

१३ औं दक्षिण एशियाली खेलकुद (SAG) - २०१९ को मस्कट



Official Mascot of 13th South Asian Games, 2019

About :

South Asian Games, also known as SAG, is a multi-sport event that takes place every two years in South Asia. South Asia Olympic Council (SAOC) governs the SAG. At present, SAG is united by following member countries; Bangladesh, Bhutan, India, Nepal, Maldives, Pakistan and Sri Lanka.

The 19th South Asian Games took place in Kathmandu, Nepal uniting all the athletes and personas from the world of sports around the South Asian countries.

Below are the details about the program.

1. Participant countries:

South Asian Olympic Council member countries:

- Bangladesh
- Bhutan
- India
- Maldives

- Nepal
- Pakistan
- Sri Lanka

Important notes:

Ownership of this 13th SAG South Asian Olympic Council (SOAC)

SOAC:

President Mr. Jeevan Ram Shrestha, Secretary General Mr. Nilendra Raj Shrestha

General Secretary of Organizing Committee:

Mr. Ramesh Kumar Silwal (Member Secretary of National Sports Council)

Chef de Mission: Mr. Pitambar Timsina

Deputy Chef de Mission: Mr. Tej Bhadur Gurung(Pokhara)

Deputy Chef de Mission: Mr. Rim Ranabhat (Kathmandu)

Final Meeting of South Asian Olympic Council regarding 13th SAG was held on 12th November 2019 at Hotel Yak Yeti, Kathmandu Nepal.

Proposed disciplines for the 13th SAG was 27. However, the final disciplines for the games were 26. Paragliding was removed from the list due to insufficient participating countries.

2. Details about players, coaches and officials involved:

Total Participants from South Asia:

Male Player: 1464

Female Player: 1251

Manager/ Official: 207

Total Participants from Nepal:

Male Players: 311

Female Players: 283

Coaches: 121

Foreign coaches: 13

Manger/officials: 53

3. Venues and schedule: Kathmandu

S.N.	Games	Location	Dates
1	Football	Dasarath Stadium	4-10 Dec
2	Table Tennis	Lainchour, Table Tennis Hall	2-5 Dec
3	Taekwondo	Satdobato	2-5 Dec
4	Boxing	Karate Hall, Satdobato	6-10 Dec
5	Karate	Karate Hall, Satdobato	1-4 Dec
6	Swimming	Satdobato	5-9 Dec
7	Athletics	Dasarath Stadium	3-7 Dec
8	Cycling	Balkhu-Suryabinayak-Gokarna	3-7 Dec
9	Kabaddi Male and Female	Armed Police Force Sports Complex, Halchowk	4-9 Dec
10	Kho-kho	Kirtipur, Nayabazar	1-4 Dec
11	Basketball	Dasarath Stadium	5-9 Dec
12	3x3 Basketball	Dashrath Stadium	7-9 Dec
13	Shooting	Satdobato Shooting Range	3-8 Dec
14	Fencing	Kirtipur, Nayabazar	6-9 Dec
15	Volleyball	Tripureswor, Covered Hall	27 Nov - 3 Dec
16	Tennis	Satdobato, Tennis Complex	2-9 Dec
17	Golf	Gokarna Golf Course	2-6 Dec
18	Wushu	Army Physical Training and Sports Centre, Lagankhel	30 Nov - 5 Dec
19	Squash	Satdobato Squash Complex	6-10 Dec
20	Judo	Army Physical Training and Sports Centre, Lagankhel	7-10 Dec

Pokhara

S.No.	Games	Location	Dates
1.	Archery	Pokhara	5 -9 Dec
2.	Woman Football	Pokhara Stadium	4 -10 Dec
3.	Handball	Multipurpose Hall, Pokhara	4 -9 Dec
4.	Triathlon	Fewa Lake, Pokhara	2 -4 Dec
5.	Badminton	Badminton Hall, Pokhara	1 -6 Dec
6.	Weight Lifting	Pokhara Stadium	5 -8 Dec
7.	Cricket Female	Pokhara Stadium	2 - 9 Dec

Janakpur

S.N.	Games	Location	Dates
1.	Wrestling	Janakpurdham Covered Hall	6 – 9 Dec

4. Program Schedule:

Opening Ceremony: 1st December, 2019
Venue: Dasarath Stadium, Kathmandu

Opening Ceremony was a spectacular event with participation of more than 19,000 participants and audiences coming together to grace the ceremony. The event was inaugurated by Honorable President Ms. Bidya Devi Bhandari who was accompanied by ministers from different ministries and other VIPs. The event took place for three hours where the duration of closing ceremony was two hours.

Closing Ceremony: 10th December, 2019
Venue: Dasarath Stadium, Kathmandu

5. Venue preparation :

Almost all venues were completed on time for the competition. Construction of the venue on war basis were going on until final minutes of the opening ceremony.

A lot of hard work and good coordination under close supervision of National Sports Council, Ministry of Sports as well as from Nepal Olympic Committee resulted in the completion of all the venues on time to start the game without any interruption. This was one of the major challenges faced during SAG.

6. Total Budget :

The total budget of the South Asian games event was 524 crores.

7. Equipment :

Most of the approved equipment for the games were purchased and handed over to the concern National Federation on time. However, in some disciplines, there were few challenges of untimely delivery of the necessary equipment which created alarming situation.

Additionally, size of the equipments, authorization and approval were main issues for concerning national federations, which was overcome by National Federation through untiring efforts.

8. Information Desk:

NOC offices were established in different hotels with administration facilities to ease the work of the SAG. Information desk with medical facilities round the clock were established in every accommodation center.

Information desk was established for providing information about accommodation, transportation as well as immigration on arrival at the Tribhuvan International Airport as well as in Pokhara and Janakpurdham airports.

For granting visa upon arrival, Department of Immigration was available around the clock at the airport and for other necessary travelling documentations to enter the country.

Visa and luggage clearance were given top priority for the contingents.

9. Accreditation:

After final entry by name were received from NOCs, Nepal Olympic Committee with the help from experts prepared the accreditation as per their requirements. Preparing accreditation is also one of the most important parts of the game which needed lots of efforts as well as attention. The preparation of the accreditation was accomplished and distributed on time as per requirements and schedule of the competition.

Accreditation were provided to players, team managers, coaches, volunteers, journalists, VVIPs, VIPs, delegates of OCA, Staff of National Sports Council, organizing committee and for others specified by National Sports Council as well as NOC. However, there are some complaints about not receiving accreditation cards on time which occurred due to lack of timely communication.

10. Accommodation:

Five-star accommodation was provided to all NOC Presidents, Secretary Generals, VVIPs, VIPs and other top ranked delegates which also include Ministers. All the Chef De Missions, Technical delegates and jury members were also provided five-star accommodation as well.

Technical people along with jury members were provided five star/four-star facilities as per their categories. Three star and four-star accommodation was provided to all the contingents including coaches as well as managers.

11. Transport:

All the Chef De Mission, NOC president, Secretary General, VVIPs, VIPs, Technical delegates and other important delegates from participating countries were provided with Separate TI category vehicle with trained Liaison officer.

Separate shuttle was provided for all the delegate as per their sizes of contingent. Transport facilities were provided to all national jury and other as per their necessities. Some issues on avail of the transports were raised which was later addressed properly. This is one of the important responsibilities which can affect the schedule of the competition. Therefore, it required lots of attentions. Volunteers dedicated to the transport department took this challenge properly without disturbing schedule.

12. Volunteers:

More than 650 male and female smart volunteers from sports background were trained by different experts as per their requirement. They were given knowledge and trainings about the role of NOC in mega games, about accreditation, information and security, personal behaviors, attitude, awareness, presence of mind and legalities etc through different experts.

These volunteers were nominated through concerned National Federation as well as from other area of requirements to run the games smoothly. They were dedicated at their related field after training with smart cloths.

13. Medical support:

All the venues were equipped with primary para-medical facilities. The team of medical doctors, staff nurse and health assistants with stretchers were deputed in all the venues and in every accommodation center.

Medical services were provided to athletes on the spot and were given necessary treatments as per their diagnosis.

14. Media center:

Fully equipped separate building for Central Media center with capacity of 125 media persons was established in Dasarath Rangashala Centre, Kathmandu where national and foreign media personals can work day and night.

Additional, media desk were provided in all the venues in Kathmandu, Pokhara and Janakpur for the ease of media persons.

15. Doping control:

13th South Asian Games Anti-Doping committee was established in the building of NOC Nepal under Medical Commission of NOC.

Highly trained Anti Doping officers from different regions were involved in this program. For this purpose, 40 new chaperones comprising of doctors, staff nurse, health assistants were given proper training in Nepal Olympic Committee building before the games by Anti-Doping experts from South Asian Doping Organization.

16. Games:

All the national associations were responsible to conduct the competition under the rule and regulations of their respected International Federations. Supervisory body of concern, International Federation were excellent and up to the par.

Technical delegate, Jury as well as required technical team were invited through concerned National Associations.

Number of technical officials/jury/assistants:

International	603
National Umpires	760
Technical Assistants	685
Total	2,048

They were provided with daily allowances and were fully responsible to conduct the game with the help of national trained umpires.

Every association has their jury team supported by national umpires to conduct the competition. Selected national umpires were given intensive training before the games through International referee/expert.

All the games were completed in smooth manner without any interruption. Final ceremony of all the games was handled by National Federation with the help of ceremony sub-committee and staff of National Sports Council as per international standard.

17. Final medal tally of the Games:

Rank	Contingents	Gold	Silver	Bronze	Total
1	India	173	93	45	311
2	Nepal	51	60	96	207
3	Sri Lanka	40	83	127	250
4	Pakistan	32	41	60	133
5	Bangladesh	19	32	87	138
6	Maldives	1	0	4	5
7	Bhutan	0	7	13	20
Total	7 Contingents	316	316	432	1063

Final medal tally of different disciplines of Nepal (given because of host country):

S.N.	Games	Gold	Silver	Bronze	Remarks
1	Archery		1	2	
2	Athletics	3	1	4	
3	Badminton			5	
4	Basketball (W)		1		
	Basketball (M)			1	
	3 x 3 Basketball (M)		1		
	3x3 Basketball (W)			1	
5	Boxing	3	6	6	
6	Beach Volley Ball			1	
7	Cricket (M)			1	
	Cricket (W)			1	
8	Cycling	4	4	2	
9	Fencing		4	6	
10	Football (M)	1			
	Football (W)		1		
11	Golf	2		2	
12	Handball (W)		1		
13	Judo	2	6	6	
14	Karate	10	4	5	
15	Kho-Kho (M)			1	
	Kho-Kho (W)		1		
16	Kabaddi (W)		1		
17	Squash			2	
18	Swimming	4	4	4	
19	Table Tennis		1	5	
20	Taekwondo	12	6	11	
21	Triathlon	2	3	1	
23	Tennis			5	
24	Wushu	5	6	5	
25	Wrestling	1	4	8	
26	Weight Lifting	2	3	11	
27	Volleyball (W)		1		
Total		51	60	96	

All the Achievements in SAG from Nepal:

Year	Host	Gold	Silver	Bronze
1984	Kathmandu	4	12	8
1985	Dhaka	1	9	22
1987	Kolkata	2	7	33
1989	Islamabad	1	12	24
1991	Colombo	2	8	29
1993	Dhaka	1	6	15
1995	Madras	4	8	16
1999	Kathmandu	31	10	24
2004	Islamabad	7	6	20
2006	Colombo	7	15	29
2010	Dhaka	8	9	19
2016	Guwahati/ Shillong	3	23	34
2019	Kathmandu	51	60	96

18. Security:

This was one of the serious concerns for all prior to the games. However, security was excellent in all the venues. Inspector General of Police of Government of Nepal himself headed the security sub-committee. Hence, there was no chance of misconduct in this issue. All the three security departmental forces were mobilized in all the venues to provide tight security.

19. Others:

Commemorative cover had been issued in the occasion of 13th SAG. Cancellation of this commemorative was done by SOAC as well as NOC Nepal President Mr. Jeevan Ram Shrestha in the presence of South Asia Olympic Council members and other dignitaries.

Anonymous Decision has been taken in SOAC meeting at Hotel Soaltee on 10 Dec 2019 that Pakistan will host next, i.e. 14th South Asian Games.

20. Remarks:

The 13th South Asian Games has been a remarkable achievement in the history of Nepali sports. It has equally been an extraordinary achievement for all the Nepali athletes. Swimming, Taekwondo, Karate, Boxing, Judo, Triathlon, Wushu, Cycling, Athletic, Golf, Weightlifting and Table Tennis was successful in breaking all-time records of medal tally. This was possible due to long term training provided by National Sports Council inside the country and overseas with the help of NOC scholarship programs.



























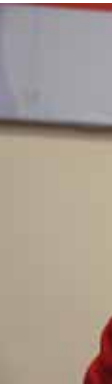































Official Mascot and Logo of 13th
SOUTH ASIAN GAMES, 2019

13th SAG MEDALS

**13th South Asian Games
Medal Winners.**



Archery

			
Country	Gold	Silver	Bronze
 Bangladesh	10	-	1
 Bhutan	-	5	3
 Sri Lanka	-	4	4
 Nepal	-	1	2

Country	Stream	Event	Medal
Bangladesh	Men's	Recurve Team	Gold
Bangladesh	Women's	Recurve Team	Gold
Bangladesh	Mixed	Recurve Team	Gold
Bangladesh	Men's	Compound Team	Gold
Bangladesh	Women's	Compound Team	Gold
Bangladesh	Mixed	Compound Team	Gold
Bangladesh	Men's	Recurve	Gold
Bangladesh	Women's	Recurve	Gold
Bangladesh	Men's	Compound	Gold
Bangladesh	Men's	Compound	Bronze
Bangladesh	Women's	Compound	Gold
Bhutan	Men's	Recurve	Bronze
Bhutan	Women's	Recurve	Bronze
Bhutan	Mixed	Recurve	Silver
Bhutan	Men's	Compound	Silver
Bhutan	Men's	Recurve	Silver
Bhutan	Women's	Recurve	Silver
Bhutan	Women's	Recurve	Bronze
Bhutan	Men's	Compound	Silver
Sri Lanka	Men's	Recurve Team	Silver
Sri Lanka	Women's	Recurve Team	Silver
Sri Lanka	Mixed	Recurve Team	Bronze
Sri Lanka	Women's	Compound Team	Silver
Sri Lanka	Mixed	Compound Team	Bronze
Sri Lanka	Men's	Recurve	Bronze
Sri Lanka	Women's	Compound	Silver
Sri Lanka	Women's	Compound	Bronze
Nepal	Men's	Compound Team	Bronze
Nepal	Women's	Compound Team	Bronze
Nepal	Mixed	Compound Team	Silver

Medals for Nepal



Gold 0



Silver 1



Bronze 2

Total : 3

S.No.	Archery	Gold	Silver	Bronze	Events	District
1	Imayum Rai		1		Mix Team	Khotang
2	Sanatan Malla					Dhanusa
3	Ramesh Bhattachan			1	Male Team	Kathmandu
4	Yogendra Sherchan					Kaski
5	Sanatan Malla					Dhanusa
6	Min Prasad Gauchan					Rupandehi
7	Rashmi Darlami			1	Female Team	Sindhuli
8	Manju Bajagain					Lalitpur
9	Imayum Rai					Khotang
10	Monica Rana Magar					Dhankuta
Total Medal			1	2		





			
Country	Gold	Silver	Bronze
 Sri Lanka	15	11	15
 India	12	21	2
 Pakistan	5	2	5
 Nepal	3	1	4
 Maldives	1	-	1
 Bangladesh	-	-	2

Country	Stream	Event	Medal
Sri Lanka	Women's	Women's 1500m	Gold
Sri Lanka	Men's	Men's 100m	Silver
Sri Lanka	Women's	Women's 10000m	Bronze
Sri Lanka	Women's	Women's 100m	Silver
Sri Lanka	Women's	Women's 100m	Bronze
Sri Lanka	Women's	Women's High Jump	Silver
Sri Lanka	Men's	10000m	Silver
Sri Lanka	Men's	200m	Silver
Sri Lanka	Women's	Long Jump	Gold
Sri Lanka	Women's	Long Jump	Silver
Sri Lanka	Women's	Discus Throw	Bronze
Sri Lanka	Men's	110m Hurdles	Gold
Sri Lanka	Men's	110m Hurdles	Bronze
Sri Lanka	Women's	100m Hurdles	Bronze
Sri Lanka	Men's	400m Dash	Gold
Sri Lanka	Men's	400m Dash	Silver
Sri Lanka	Men's	Triple Jump	Bronze
Sri Lanka	Women's	400m	Gold
Sri Lanka	Women's	Triple Jump	Gold
Sri Lanka	Women's	Triple Jump	Silver
Sri Lanka	Women's	400m Hurdle	Silver
Sri Lanka	Men's	Shot Put	Bronze
Sri Lanka	Women's	5000m	Gold
Sri Lanka	Women's	4x100m Relay	Gold
Sri Lanka	Men's	4x100m Relay	Gold
Sri Lanka	Women's	Shot Put	Silver
Sri Lanka	Men's	42km Marathon	Gold
Sri Lanka	Women's	Javelin Throw	Gold
Sri Lanka	Women's	Javelin Throw	Silver
Sri Lanka	Women's	800m Run	Gold
Sri Lanka	Women's	800m Run	Silver
Sri Lanka	Men's	Javelin Throw	Bronze

Sri Lanka	Men's	4x400m Relay	Gold
Sri Lanka	Women's	42km Marathon	Gold
Sri Lanka	Women's	4x400m Relay	Gold
India	Women's	Women's 1500m	Silver
India	Women's	Women's 1500m	Bronze
India	Men's	Men's 1500m	Gold
India	Men's	Men's 1500m	Silver
India	Women's	Women's 10000m	Silver
India	Men's	Men's High Jump	Gold
India	Men's	Men's High Jump	Silver
India	Women's	Women's 100m	Gold
India	Women's	Women's High Jump	Gold
India	Women's	Women's High Jump	Bronze
India	Men's	10000m	Gold
India	Men's	Discus Throw	Gold
India	Men's	Discus Throw	Silver
India	Women's	200m	Gold
India	Women's	200m	Bronze
India	Women's	Long Jump	Bronze
India	Men's	Long Jump	Gold
India	Men's	Long Jump	Silver
India	Women's	Discus Throw	Gold
India	Women's	Discus Throw	Silver
India	Men's	110m Hurdles	Silver
India	Women's	100m Hurdles	Silver
India	Men's	400m Dash	Bronze
India	Men's	Triple Jump	Gold
India	Men's	Triple Jump	Silver
India	Women's	400m	Silver
India	Women's	Triple Jump	Bronze
India	Men's	400m Hurdle	Silver
India	Men's	400m Hurdle	Bronze
India	Women's	400m Hurdle	Bronze
India	Men's	5000m	Silver
India	Men's	Shot Put	Gold
India	Men's	Shot Put	Silver
India	Women's	5000mtr	Silver
India	Women's	5000m	Bronze
India	Women's	4x100 Mtr Relay	Silver
India	Men's	4x100 Mtr Relay	Silver
India	Women's	Shot Put	Gold
India	Women's	Shot Put	Bronze
India	Women's	800m Run	Bronze
India	Women's	42km Marathon	Bronze
India	Men's	Javelin Throw	Silver
India	Men's	4x400m Relay	Silver

India	Men's	42km Marathon	Silver
India	Men's	42km Marathon	Bronze
India	Men's	800m	Silver
India	Men's	Javelin Throw	Bronze
India	Women's	4x400m Relay	Bronze
Pakistan	Men's	Men's 100m	Bronze
Pakistan	Men's	Discus Throw	Bronze
Pakistan	Men's	200m	Gold
Pakistan	Women's	200m	Silver
Pakistan	Women's	100m Hurdles	Gold
Pakistan	Women's	400m	Bronze
Pakistan	Women's	4x400m Relay	Silver
Pakistan	Men's	400m Hurdle	Gold
Pakistan	Women's	400m Hurdle	Gold
Pakistan	Women's	4x100m Relay	Bronze
Pakistan	Men's	4x100m Relay	Bronze
Pakistan	Men's	Javelin Throw	Gold
Pakistan	Men's	4x400m Relay	Bronze
Nepal	Men's	Men's 1500m	Bronze
Nepal	Women's	Women's 10000m	Gold
Nepal	Men's	10000m	Bronze
Nepal	Men's	5000m	Gold
Nepal	Men's	5000m	Bronze
Nepal	Men's	42km Marathon	Gold
Nepal	Men's	800m Run	Bronze
Nepal	Women's	42km Marathon	Silver
Maldives	Men's	Men's 100m	Gold
Maldives	Men's	200m	Bronze
Bangladesh	Men's	Men's High Jump	Bronze
Bangladesh	Men's	Long Jump	Bronze

Medals for Nepal



Gold 3



Silver 1



Bronze 4

Total : 8

S.No.	Athletics	Gold	Silver	Bronze	Events	District
1	Kiran Singh Bogati	1			Marathon	Kailali
2	Gopichand Parki	1			5000 M	Kailali
3	Santhoshi Shrestha	1			10000 M	Dhading
4	Puspa Bhandari		1		Marathon	Salyan
5	Hari Kumar Rimal			1	5000 M	Dhading
6	Tanka Karki			1	1500 M	Okhaldhunga
7	Shom Bahadur Kumal			1	800 M	Gorkha
8	Dipak Adhikari			1	10000 M	Dhading
Total Medal		3	1	4		



Badminton

			
Country	Gold	Silver	Bronze
 India	12	21	2
 Sri Lanka	1	5	3
 Nepal	-	-	4
 Pakistan	-	-	3
 Bangladesh	-	-	2

Country	Stream	Event	Medal
India	Men's	Team Event	Gold
India	Women's	Team Event	Gold
India	Men's	Single	Gold
India	Men's	Single	Silver
India	Women's	Single	Gold
India	Women's	Single	Silver
India	Men's	Double	Gold
India	Women's	Double	Bronze
India	Women's	Double	Bronze
India	Mixed	Double	Gold
Sri Lanka	Men's	Team Event	Silver
Sri Lanka	Women's	Team Event	Silver
Sri Lanka	Men's	Single	Bronze
Sri Lanka	Women's	Single	Bronze
Sri Lanka	Women's	Single	Bronze
Sri Lanka	Men's	Double	Silver
Sri Lanka	Women's	Double	Gold
Sri Lanka	Women's	Double	Silver
Sri Lanka	Mixed	Double	Silver
Nepal	Men's	Team Event	Bronze
Nepal	Women's	Team Event	Bronze
Nepal	Men's	Single	Bronze
Nepal	Men's	Double	Bronze
Nepal	Mixed	Double	Bronze
Pakistan	Men's	Double	Bronze
Pakistan	Men's	Team Event	Bronze
Pakistan	Women's	Team Event	Bronze
Bangladesh	Mixed	Double	Bronze

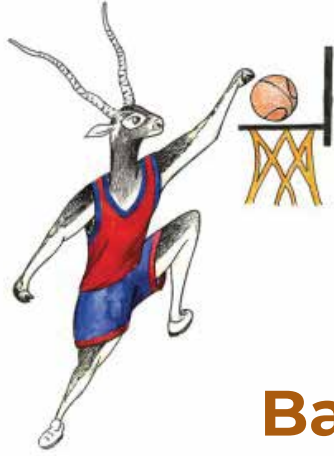
Medals for Nepal


Gold 0

Silver 0

Bronze 5
Total : 5

S.No.	Badminton	Gold	Silver	Bronze	Events	District
1	Ratna Jit Tamang			1	Men's Single	Bhojpur
2	Prince Dahal			1	Men's Double	Darchula
3	Praful Maharjan					Lalitpur
4	Bikash Shrestha			1	Mix Double	Bhojpur
5	Anumaya Rai					Okhaldhunga
6	Ratna Jit Tamang			1	Male Team	Bhojpur
7	Dipesh Dhami					Kanchanpur
8	Bikash Shrestha					Bhojpur
9	Prince Dahal					Darchula
10	Nabin Shrestha					Bhojpur
11	Bishnu Katuwal					Sarlahi
12	Sajan Krishna Tamrakar					Lalitpur
13	Jivan Acharya					Khotang
14	Praful Maharjan					Lalitpur
15	Sunil Joshi					Darchula
16	Nangsal Tamang			1	Female Team	Bhojpur
17	Rashila Maharjan					Lalitpur
18	Amita Giri					Jhapa
19	Jessica Gurung					Jhapa
20	Sita Rai					Bhojpur
21	Sobha Gauchan					Kathmandu
22	Sima Rajbansi					Morang
23	Nita Lamsal					Morang
24	Anumaya Rai					Okhaldhunga
25	Pooja Shrestha					Morang
Total Medal				5		



Basketball

Country	Gold	Silver	Bronze
 India	2	-	-
 Nepal	-	1	1
 Sri Lanka	-	1	-
 Maldives	-	-	1

Country	Stream	Event	Medal
India	Women's	Team	Gold
India	Men's	Team	Gold
Nepal	Men's	Team Event	Bronze
Nepal	Women's	Team Event	Silver
Sri Lanka	Men's	Team	Silver
Maldives	Women's	Team Event	Bronze

Medals for Nepal



Gold 0



Silver 1



Bronze 1

Total : 2

S.No.	Female Basketball	Gold	Silver	Bronze	Event	District
1	Sadina Shrestha				Female Team	Lalitpur
2	Alina Gurung					Kaski
3	Maya Syangtan					Makwanpur
4	Muna Maharjan					Kathmandu
5	Pratichhya Magar					Udaypur
6	Rachana Shrestha		1			Gorkha
7	Predika Maharjan					Kathmandu
8	Anusha Malla					Tanahun
9	Alisha Malla					Kathmandu
10	Priti Tulachan					Baglung
11	Shreya Khadka					Kathmandu
12	Asha Rai					Khotang
S.No.	Male Basketball	Gold	Silver	Bronze	Event	District
13	Bijaya Burja				Male Team	Illam
14	Sadish Pradhan					Kathmandu
15	Bikram Joshi					Bhaktapur
16	Manesh Raj Rajupadyaya					Bhaktapur
17	Binod Maharjan					Lalitpur
18	Ayusha Singh			1		Lalitpur
19	Saurav Shrestha					Kathmandu
20	Ashim Shrestha					Kathmandu
21	Dibeshwor Shah					Dhanusa
22	Bikash Gurung					Sindhupalchowk
23	Binod Shrestha					Kathmandu
24	Mabindra Bhandari					Kathmandu



			
Country	Gold	Silver	Bronze
 India	2	-	-
 Nepal	-	1	1
 Sri Lanka	-	1	-
 Maldives	-	-	1

Basketball (3x3)

Country	Stream	Medal
India	Men's	Gold
India	Women's	Gold
Nepal	Men's	Silver
Nepal	Women's	Bronze
Sri Lanka	Women's	Silver
Sri Lanka	Men's	Bronze
Maldives	Women's	Bronze

Medals for Nepal



Gold 0



Silver 1






Bronze 1

Total : 2

S.No.	3 x 3 Basketball	Gold	Silver	Bronze	Events	District
1	Ajay Kushwaha		1		3x3 Male Team	Bara
2	Manish K.C.					Kathmandu
3	Ashish Basnet					Sarlahi
4	Nikesh Magar					Makwanpur
1	Meena Gurung			1	3x3 Female Team	Sindhupalchowk
2	Soni Waiba					Kathmandu
3	Girisha Silwal					Jhapa
4	Rabina Adhikari				Jhapa	
Total Medal			1	1		



Country	Gold	Silver	Bronze
 Sri Lanka	2	2	-
 Nepal	-	-	1
 Pakistan	-	-	1

Beach Volleyball

Country	Stream	Event	Medal
Sri Lanka	Men's	Team Event	Gold
Sri Lanka	Women's	Team Event	Gold
Sri Lanka	Men's	Team Event	Silver
Sri Lanka	Women's	Team Event	Silver
Nepal	Women's	Team Event	Bronze
Pakistan	Men's	Team Event	Bronze

Medals for Nepal



Gold 0



Silver 0



Bronze 1

Total : 1

S.No.	Beach Volleyball (Female Side)	Gold	Silver	Bronze	Events	District
1	Binita Budhathoki			1	Team	Illam
2	Nebika Chaudhary					Kailali
Total Medal				1		

Cricket



			
Country	Gold	Silver	Bronze
 India	12	3	1
 Sri Lanka	1	2	8
 Pakistan	-	3	6
 Bangladesh	-	1	6
 Bhutan	-	1	1
 Nepal	0	0	2

Country	Stream	Event	Medal
India	Men's	Team Event	Gold
India	Women's		Gold
Sri Lanka	Men's		Silver
Sri Lanka	Women's		Silver
Pakistan	Men's		Silver
Pakistan	Women's		Silver
Bangladesh	Women's		Gold
Bangladesh	Men's		Gold
Nepal	Women's		Bronze
Nepal	Men's		Bronze

Medals for Nepal



Gold 0



Silver 0



Bronze 1

Total : 1

S.No.	Male Cricket	Gold	Silver	Bronze	Events	District
1	Karan K.C.			1	T 20 Male Team	Baglung
2	Binod Bhandari					Kanchanpur
3	Sandip Jora					Kanchanpur
4	Pawan Saraf					Kalaiya
5	MD Arif Sekh					Birgunj
6	Rohit Poudel					Nawalparasi
7	Lalit Narayan Rajbanshi					Morang
8	Abhinash Bohora					Nepalgunj
9	Kushal Bhurtel					Rupandehi
10	Dipendra Singh Yeri					Kanchanpur
11	Sompal Kami					Gulmi
12	Rashid Khan					Parsa
13	Parash Khadka					Kathmandu
14	Gyanendra Malla					Kathmandu
15	Sushan Bhari					Nawalparasi

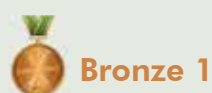
Medals for Nepal



Gold 0



Silver 0



Bronze 1

Total : 1

S.No.	Female Cricket	Gold	Silver	Bronze	Events	District
1	Rubina Chettri Belwasi			1	T 20 Female Team	Jhapa
2	Sita Rana Magar					Nepalgunj
3	Karuna Bhandari					Kathmandu
4	Kajol Shrestha					Jhapa
5	Sarita Magar					Solukhumbu
6	Indu Barma					Butwal
7	Kabita Kunwar					Dhangadi
8	Roma Thapa					Jhapa
9	Apsari Begam					Jhapa
10	Anjali Chand					Baitadi
11	Sonu Khadka					Dhangadi
12	Mamata Chaudhary					Sarlahi
13	Dali Bhatta					Kanchanpur
14	Saraswoti Chaudhary					Sarlahi
15	Shanti (Suman) Khatiwoda					Jhapa



Boxing

Country	Gold	Silver	Bronze
India	12	3	1
Nepal	3	6	6
Sri Lanka	1	2	8
Pakistan	-	3	6
Bangladesh	-	1	6
Bhutan	-	1	1

Country	Stream	Event	Medal
India	Women's	48kg	Gold
India	Women's	54kg	Silver
India	Men's	64kg	Silver
India	Men's	Lightfly 49kg	Gold
India	Men's	Bantam 56kg	Gold
India	Men's	Middle 75kg	Gold

India	Men's	Heavy 91kg	Gold
India	Women's	Light 60kg	Gold
India	Men's	60kg	Silver
India	Women's	Fly 51kg	Gold
India	Women's	Feather 57kg	Gold
India	Women's	Light Welter 64kg	Gold
India	Men's	Fly 52kg	Gold
India	Men's	Welter 69kg	Gold
India	Men's	Light Heavy 81kg	Bronze
India	Men's	Super Heavy +91kg	Gold
Nepal	Women's	48kg	Silver
Nepal	Women's	54kg	Gold
Nepal	Men's	64kg	Gold
Nepal	Men's	Lightfly 49kg	Bronze
Nepal	Men's	Bantam 56kg	Bronze
Nepal	Men's	Heavy 91kg	Bronze
Nepal	Women's	Light 60kg	Silver
Nepal	Men's	60kg	Gold
Nepal	Women's	Fly 51kg	Silver
Nepal	Women's	Feather 57kg	Bronze
Nepal	Women's	Light Welter 64kg	Silver
Nepal	Men's	Fly 52kg	Bronze
Nepal	Men's	Welter 69kg	Bronze
Nepal	Men's	Light Heavy 81kg	Silver
Nepal	Men's	Super Heavy 91 +Kg	Silver
Sri Lanka	Women's	48kg	Bronze
Sri Lanka	Women's	54kg	Bronze
Sri Lanka	Men's	64kg	Bronze
Sri Lanka	Men's	Heavy 91kg	Silver
Sri Lanka	Women's	Light 60kg	Bronze
Sri Lanka	Men's	60kg	Bronze
Sri Lanka	Women's	Fly 51kg	Bronze
Sri Lanka	Women's	Feather 57kg	Silver
Sri Lanka	Men's	Fly 52kg	Bronze
Sri Lanka	Men's	Light Heavy 81kg	Gold
Sri Lanka	Men's	Super Heavy +91kg	Bronze
Pakistan	Men's	Bantam 56kg	Bronze
Pakistan	Men's	Middle 75kg	Bronze
Pakistan	Men's	Heavy 91kg	Silver
Pakistan	Women's	Fly 51kg	Bronze
Pakistan	Women's	Feather 57kg	Bronze
Pakistan	Women's	Light Welter 64kg	Bronze
Pakistan	Men's	Fly 52kg	Silver
Pakistan	Men's	Welter 69kg	Silver
Pakistan	Men's	Light Heavy 81kg	Bronze
Bhutan	Women's	Lightfly 48kg	Bronze

Bhutan	Men's	Lightfly 49kg	Silver
Bangladesh	Men's	64kg	Bronze
Bangladesh	Men's	Lightfly 49kg	Bronze
Bangladesh	Men's	Bantam 56kg	Silver
Bangladesh	Men's	Middle 75kg	Bronze
Bangladesh	Women's	54kg	Bronze
Bangladesh	Men's	60kg	Bronze
Bangladesh	Men's	Welter 69kg	Bronze

Medals for Nepal



Gold 3



Silver 6





Bronze 6

Total : 15

S.No.	Boxing	Gold	Silver	Bronze	Events	District
1	Minu Gurung	1			54kg	Chitwan
2	Sanil Shahi	1			60kg	Kathmandu
3	Bhupendra Thapa	1			64kg	Rolpa
4	Lalita Maharjan		1		48kg	Kathmandu
5	Mala Rai		1		51kg	Jhapa
6	Sangita Sunar		1		60kg	Kaski
7	Punam Rawol		1		64kg	Bajura
8	Ganesh Pradhan		1		91kg	Dhading
9	Ashish Dawadi		1		+91kg	Dhading
10	Sushil Thapa Magar			1		Kathmandu
11	Tej Bahadur Deuba			1	52kg	Dadeldura
12	Puran Rai			1		Makwanpur
13	Chandrakala Thapa			1	57kg	Dailekh
14	Bikash Lama			1	69kg	Makwanpur
15	Arjun Sigu			1	62kg	Jhapa
Total Medal		3	6	6		





			
Country	Gold	Silver	Bronze
 Nepal	4	4	2
 India	4	2	2
 Sri Lanka	-	2	4

Cycling

Country	Stream	Event	Medal
Nepal	Men's	Downhill Cycling Individual	Gold
Nepal	Men's	Downhill Cycling Individual	Silver
Nepal	Men's	Downhill Cycling Individual	Bronze
Nepal	Women's	Downhill Cycling Individual	Gold
Nepal	Women's	Downhill Cycling Individual	Silver
Nepal	Women's	Cross Country Olympics	Gold
Nepal	Women's	Cross Country Olympics	Silver
Nepal	Men's	Cross Country Olympics	Gold
Nepal	Men's	Cross Country Olympics	Silver
Nepal	Men's	Cross Country Olympics	Bronze
India	Men's	Downhill Cycling Individual	Bronze
India	Women's	Cross Country Olympics	Bronze
India	Women's	Elite	Gold
India	Men's	Elite	Gold
India	Men's	Elite	Silver
India	Women's	Individual Road Race	Gold
India	Women's	Individual Road Race	Silver
India	Men's	Individual Road Race	Gold
Sri Lanka	Women's	Elite	Silver
Sri Lanka	Women's	Elite	Bronze
Sri Lanka	Men's	Elite	Bronze
Sri Lanka	Women's	Individual Road Race	Bronze
Sri Lanka	Men's	Individual Road Race	Silver
Sri Lanka	Men's	Individual Road Race	Bronze

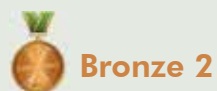
Medals for Nepal



Gold 4



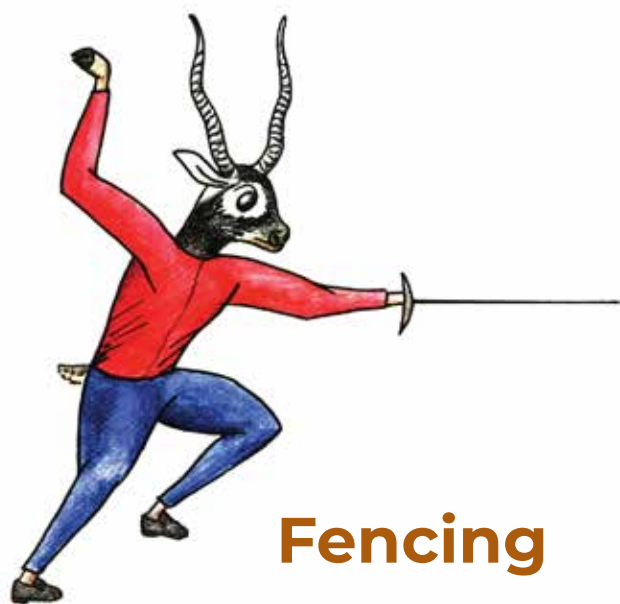
Silver 4



Bronze 2

Total : 10

S.No.	Mountain Bike	Gold	Silver	Bronze	Events	District
1	Buddhi Bahadur Tamang	1			Cross Country	Nuwakot
2	Laxmi Magar	1			Cross Country	Nuwakot
3	Rajesh Magar	1			Down Hill	Lalitpur
4	Nishma Shrestha	1			Down Hill	Kavre
5	Rajeev Rai		1		Cross Country	Sankhuwasabha
6	Usha Khanal		1		Cross Country	Gorkha
7	Nirav Shrestha		1		Down Hill	Kathmandu
8	Jamuna Thapa		1		Down Hill	Kaski
9	Prachit Thapa Magar			1	Down Hill	Kathmandu
10	Okesh Raj Bajracharya			1	Cross Country	Lalitpur
Total Medal		4	4	2		



Fencing

Country	Gold	Silver	Bronze
India	11	5	1
Bangladesh	1	3	7
Nepal	-	4	6
Sri Lanka	-	-	8
Pakistan	-	-	2

Country	Stream	Event	Medal
India	Men's	Individual Épée	Gold
India	Men's	Individual Épée	Silver
India	Men's	Individual Foil	Gold
India	Men's	Individual Foil	Silver
India	Men's	Individual Sabre	Gold
India	Men's	Individual Sabre	Silver
India	Men's	Team Épée	Gold
India	Men's	Team Foil	Gold
India	Men's	Team Sabre	Gold

India	Women's	Individual Épée	Gold
India	Women's	Individual Épée	Silver
India	Women's	Individual Foil	Gold
India	Women's	Individual Foil	Silver
India	Women's	Individual Sabre	Bronze
India	Women's	Team Épée	Gold
India	Women's	Team Foil	Gold
India	Women's	Team Sabre	Gold
Bangladesh	Men's	Individual Épée	Bronze
Bangladesh	Men's	Individual Foil	Bronze
Bangladesh	Men's	Individual Sabre	Bronze
Bangladesh	Men's	Team Épée	Silver
Bangladesh	Men's	Team Foil	Silver
Bangladesh	Men's	Team Sabre	Silver
Bangladesh	Women's	Individual Foil	Bronze
Bangladesh	Women's	Individual Sabre	Gold
Bangladesh	Women's	Team Épée	Bronze
Bangladesh	Women's	Team Foil	Bronze
Bangladesh	Women's	Team Sabre	Bronze
Nepal	Men's	Team Sabre	Bronze
Nepal	Men's	Team Foil	Bronze
Nepal	Women's	Individual Épée	Bronze
Nepal	Women's	Individual Épée	Bronze
Nepal	Women's	Individual Foil	Bronze
Nepal	Women's	Individual Sabre	Silver
Nepal	Women's	Individual Sabre	Bronze
Nepal	Women's	Team Épée	Silver
Nepal	Women's	Team Foil	Silver
Nepal	Women's	Team Sabre	Silver
Sri Lanka	Men's	Individual Foil	Bronze
Sri Lanka	Men's	Individual Sabre	Bronze
Sri Lanka	Men's	Team Épée	Bronze
Sri Lanka	Men's	Team Foil	Bronze
Sri Lanka	Men's	Team Sabre	Bronze
Sri Lanka	Women's	Team Épée	Bronze
Sri Lanka	Women's	Team Foil	Bronze
Sri Lanka	Men's	Team Sabre	Bronze
Pakistan	Men's	Individual Épée	Bronze
Pakistan	Men's	Team Épée	Bronze

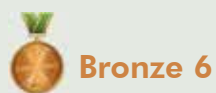
Medals for Nepal



Gold 0



Silver 4



Bronze 6









Total : 10

S.No.	Fencing	Gold	Silver	Bronze	Events	District
1	Rabina Thapa		1		Saber	Kavre
2	Rabina Thapa		1		Women Team Saber	Kavre
3	Asmita Basnet			Dhanusa		
4	Kamala Shrestha			Jhapa		
5	Shikshya Napit			Kathmandu		
6	Rama Singh		1		Women Team Foil	Bajura
7	Anju Tamang			Nuwakot		
8	Goma Acharya			Rupandehi		
9	Anita Adhikari					Ramechhap
10	Januka Syangtan		1		Women Team Épée	Rasuwa
11	Anita Karki			Ramechhap		
12	Indira Poudel			Ramechhap		
13	Sita Pathak			Syangja		
14	Indira Poudel			1	Épée	Dohoro Padak
15	Januka Syangtan			1	Épée	
16	Rama Singh			1	Foil	
17	Asmita Basnet			1	Saber	
18	Jalindra B. Shahi			1	Men Team Foil	Bajura
19	Rajan Raj Khadka		Ramechhap			
20	Gyanendra Timalisina		Sindhupalchok			
21	Rakesh Maharjan					Lalitpur
22	Amit Bhandari			1	Men Team Saber	Kathmandu
23	Dinesh Pandeya		Kanchanpur			
24	Rajendra Gajurel		Chitwan			
25	Payas Yonjan		Dolakha			
Total Medal			4	6		





Football

			
Country	Gold	Silver	Bronze
 Nepal	1	1	-
 India	1	-	-
 Bhutan	-	1	-
 Maldives	-	-	1
 Bangladesh	-	-	1

Country	Stream	Event	Medal
Nepal	Women's	Team Event	Silver
Nepal	Men's	Team Event	Gold
India	Women's	Team Event	Gold
Bhutan	Men's	Team Event	Silver
Maldives	Women's	Team Event	Bronze
Bangladesh	Men's	Team Event	Bronze



Medals for Nepal



Gold 1



Silver 1









Bronze 0

Total : 2

S.No.	Male Football	Gold	Silver	Bronze	Events	District
1	Arpan Karki	1			Male Team	Kanchanpur
2	Deep Karki		Dolkha			
3	Ananta Tamang		Jhapa			
4	Dinesh Rajbanshi		Kathmandu			
5	Bikash Khawash		Morang			
6	Chirring Gurung		Illam			
7	Suman Aryal		Nawalparasi			
8	Hemant Thapa Magar		Sunsari			
9	Sesehang Amdangbe		Jhapa			
10	Nitin Thapa		Rupandehi			
11	Tej Tamang		Kavre			
12	Bikram Lama		Kavre			
13	Sujal Shrestha		Dhankuta			
14	Bimal Gharti Magar		Chitwan			
15	Sunil Bal		Makwanpur			
16	Anja Bista		Kavre			
17	Mikchen Tamang		Morang			
18	Abhishek Rijal		Nuwakot			
19	Rejin Subba		Jhapa			
20	Bikesh Kuthu		Sindhupalchowk			
S.No.	Female Football	Gold	Silver	Bronze	Events	District
1	Saru Limbu	1			Female Team	Morang
2	Manjali Yonzan		Rautahat			
3	Anjila Thumbapa Subba		Panchthar			
4	Hira Kumari Bhujel		Udaypur			
5	Gita Rana		Surkhet			
6	Anita Basnet		Terhathum			
7	Sabitri Bhandari		Lamjung			
8	Anita K.C.		Rautahat			
9	Punam Jharga Magar		Rautahat			
10	Anjana Rana Magar		Rautahat			
11	Indira Rai		Morang			
12	Bimal Chaudhary		Kailali			
13	Dipa Rai		Udayapur			
14	Usha Nath		Kailali			
15	Niru Thapa		Banke			
16	Renuka Nagarkote		Rautahat			
17	Kavita Dhimal		Morang			
18	Amrita Jaishi		Kailali			



Golf

			
Country	Gold	Silver	Bronze
 Nepal	2	-	2
 Sri Lanka	1	-	2
 Bangladesh	-	4	-

Country	Stream	Event	Medal
Nepal	Men's	Individual	Gold
Nepal	Men's	Individual	Bronze
Nepal	Men's	Team	Gold
Nepal	Women's	Team	Bronze
Sri Lanka	Women's	Individual	Gold
Sri Lanka	Women's	Individual	Bronze
Sri Lanka	Men's	Team	Bronze
Sri Lanka	Women's	Team	Gold
Bangladesh	Men's	Individual	Silver
Bangladesh	Women's	Individual	Silver
Bangladesh	Men's	Team	Silver
Bangladesh	Women's	Team	Silver

Medals for Nepal



Gold 2



Silver 0











Bronze 2

Total : 4

S.No.	Golf	Gold	Silver	Bronze	Events	District
1	Subash Tamang	1			Individual	Lalitpur
2	Sukra Bahadur Rai			1	Individual	Sunsari
3	Sukra Bahadur Rai				Team	Dohoro Padak
4	Niraj Tamang	1				Sunsari
5	Tanka Bahadur Karki					Sunsari
6	Suvash Tamang					Lalitpur
7	Kasmira Shah				Team	Kathmandu
8	Rabina Shrestha			1		Lalitpur
9	Sushma Koirala					Sankhuwasabha
Total Medal		2		2		

Handball



			
Country	Gold	Silver	Bronze
 India	1	1	-
 Pakistan	1	-	-
 Nepal	-	1	-
 Sri Lanka	-	-	1
 Bangladesh	-	-	1

Country	Stream	Event	Medal
India	Men's	Handball Male	Silver
India	Women's	Team	Gold
Pakistan	Men's	Handball Male	Gold
Nepal	Women's	Team Event	Silver
Sri Lanka	Men's	Handball Male	Bronze
Bangladesh	Women's	Team	Bronze

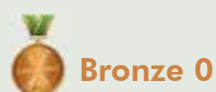
Medals for Nepal



Gold 0



Silver 1












Bronze 0

Total : 1

S.No.	Female Handball	Gold	Silver	Bronze	Events	District
1	Ram Kumari Chaudhary				Female Team	Bardiya
2	Kabita Rai					Khotang
3	Durga Bohara					Dhangadi
4	Shantikala Rai					Khotang
5	Devkumari Baskota					Makwanpur
6	Babita Shrestha					Udaypur
7	Sarada B.K.					Rukum
8	Uma Rai		1			Bhojpur
9	Bandana Rai					Khotang
10	Sangita Chaudhary					Dhangadi
11	Nisha Rai					Udaypur
12	Ranjana Rai					Udaypur
13	Jhin Maya Thapa					Kaski
14	Archana Neupane					Bhairahawa
15	Kalpana Oli					Banke
16	Aita Lamu Sherpa					Dolakha
Total Medal			1			

Judo



			
Country	Gold	Silver	Bronze
 India	10	4	1
 Nepal	2	6	5
 Pakistan	2	3	5
 Sri Lanka	1	2	10
 Bangladesh	-	-	5
 Bhutan	-	-	3

Country	Stream	Event	Medal
India	Women's	52kg	Silver
India	Women's	48kg	Gold
India	Men's	66kg	Gold
India	Men's	60kg	Gold
India	Women's	57kg	Gold
India	Women's	63kg	Gold
India	Men's	73kg	Bronze
India	Men's	78kg	Silver
India	Men's	81kg	Gold
India	Men's	90kg	Gold
India	Men's	100kg	Silver
India	Men's	+100kg	Silver
India	Women's	70kg	Gold
India	Women's	+78kg	Gold
India	Mixed	TEAM	Gold
Nepal	Women's	52kg	Gold
Nepal	Men's	66kg	Silver
Nepal	Men's	60kg	Bronze
Nepal	Women's	57kg	Silver
Nepal	Men's	73kg	Silver
Nepal	Women's	63kg	Silver
Nepal	Women's	78kg	Gold
Nepal	Men's	90kg	Bronze
Nepal	Men's	100kg	Bronze
Nepal	Men's	+100kg	Bronze
Nepal	Women's	70kg	Silver
Nepal	Women's	+78kg	Silver
Nepal	Mixed	TEAM	Bronze
Pakistan	Women's	48kg	Bronze
Pakistan	Women's	48kg	Bronze
Pakistan	Men's	66kg	Bronze
Pakistan	Women's	57kg	Bronze

Pakistan	Men's	81kg	Silver
Pakistan	Men's	90kg	Silver
Pakistan	Men's	100kg	Gold
Pakistan	Men's	+100kg	Gold
Pakistan	Women's	+78kg	Bronze
Pakistan	Mixed	TEAM	Silver
Sri Lanka	Women's	52kg	Bronze
Sri Lanka	Women's	48kg	Silver
Sri Lanka	Men's	60kg	Silver
Sri Lanka	Women's	57kg	Bronze
Sri Lanka	Men's	73kg	Gold
Sri Lanka	Women's	63kg	Bronze
Sri Lanka	Women's	78kg	Bronze
Sri Lanka	Men's	81kg	Bronze
Sri Lanka	Men's	90kg	Bronze
Sri Lanka	Men's	100kg	Bronze
Sri Lanka	Men's	+100kg	Bronze
Sri Lanka	Women's	70kg	Bronze
Sri Lanka	Women's	+78kg	Bronze
Bangladesh	Women's	52kg	Bronze
Bangladesh	Women's	63kg	Bronze
Bangladesh	Women's	78kg	Bronze
Bangladesh	Men's	81kg	Bronze
Bangladesh	Women's	78kg	Bronze
Bhutan	Men's	66kg	Bronze
Bhutan	Men's	60kg	Bronze
Bhutan	Men's	73kg	Bronze



Medals for Nepal







Gold 2

Silver 6

Bronze 5
Total : 13

S.No.	Judo	Gold	Silver	Bronze	Events	District
1	Devika Khadka	1			52 kg	Jhapa
2	Punam Shrestha	1			78 kg	Lalitpur
3	Manita Shrestha Pradhan		1		57 kg	Panchthar
4	Nirmala Gharti Magar		1		63 kg	Banke
5	Binita Magar		1		70 kg	Dhankuta
6	Aakriti Joshi		1		+78 kg	Kathmandu
7	Indra Bahadur Shrestha		1		66 kg	Sindhupalchowk
8	Sanjita Dangol		1		73 kg	Nuwakot
9	Umesh Magar			1	60 kg	Ramechhap
10	Shree Ram Makaju			1	90 kg	Bhaktapur
11	Ramesh Bahadur Chand			1	100 kg	Baitadi
12	Rajan Joshi			1	+100 kg	Lalitpur
13	Saniya Bhatta			1	48 kg	Banke
14	Sumitra Rai			1	57 kg	Illam
15	Manita Shrestha Pradhan				57 kg	Pachthar
16	Dipa Gurung				++70 kg	Banke
17	Nisha Chaudhary				70 kg	Sunsari
18	Akriti Joshi				++70 kg	Kathmandu
19	Nirmala Gharti Magar				70 kg	Banke
20	Sunil Nagarkoti				73 kg	Rasuwa
21	Pawan Kumar Shrestha				90 kg	Dhading
22	Sanjit Dangol				73 kg	Nuwakot
23	Shiva Bahadur Baram				+90 kg	Gorkha
24	Rajan joshi				+90 kg	Lalitpur
25	Manish Mahato				90 kg	Chitwan
Total Medals						



Country	Gold	Silver	Bronze
 Nepal	10	4	5
 Pakistan	6	8	5
 Bangladesh	3	3	12
 Sri Lanka	-	4	15
 Bhutan	-	-	1

Karate

Country	Stream	Event	Medal
Nepal	Women's	Individual Kata	Silver
Nepal	Women's	Individual Kumite +68kg	Gold
Nepal	Women's	Individual Kumite 45kg	Gold
Nepal	Women's	Individual Kumite 50kg	Gold
Nepal	Women's	Individual Kumite 55kg	Bronze
Nepal	Women's	Individual Kumite 61kg	Silver
Nepal	Women's	Individual Kumite 68kg	Gold
Nepal	Women's	Team Kata	Gold
Nepal	Women's	Team Kumite	Bronze
Nepal	Men's	Individual Kata	Gold
Nepal	Men's	Individual Kumite +84kg	Gold
Nepal	Men's	Individual Kumite 50kg	Bronze
Nepal	Men's	Individual Kumite 55kg	Gold
Nepal	Men's	Individual Kumite 60kg	Bronze
Nepal	Men's	Individual Kumite 67kg	Gold
Nepal	Men's	Individual Kumite 75kg	Silver
Nepal	Men's	Individual Kumite 84kg	Silver
Nepal	Men's	Team Kata	Gold
Nepal	Men's	Team Kumite	Bronze
Pakistan	Women's	Individual Kata	Gold
Pakistan	Women's	Individual Kumite +68kg	Silver
Pakistan	Women's	Individual Kumite 45kg	Bronze
Pakistan	Women's	Individual Kumite 50kg	Bronze
Pakistan	Women's	Individual Kumite 55kg	Silver
Pakistan	Women's	Individual Kumite 61kg	Bronze
Pakistan	Women's	Individual Kumite 68kg	Silver
Pakistan	Women's	Team Kata	Silver
Pakistan	Women's	Team Kumite	Gold
Pakistan	Men's	Individual Kata	Silver
Pakistan	Men's	Individual Kumite +84kg	Silver
Pakistan	Men's	Individual Kumite 50kg	Gold

Pakistan	Men's	Individual Kumite 55kg	Bronze
Pakistan	Men's	Individual Kumite 60kg	Silver
Pakistan	Men's	Individual Kumite 67kg	Silver
Pakistan	Men's	Individual Kumite 75kg	Gold
Pakistan	Men's	Individual Kumite 84kg	Gold
Pakistan	Men's	Team Kata	Bronze
Pakistan	Men's	Team Kumite	Gold
Bangladesh	Women's	Individual Kata	Bronze
Bangladesh	Women's	Individual Kumite +68kg	Bronze
Bangladesh	Women's	Individual Kumite 45kg	Silver
Bangladesh	Women's	Individual Kumite 50kg	Bronze
Bangladesh	Women's	Individual Kumite 55kg	Gold
Bangladesh	Women's	Individual Kumite 61kg	Gold
Bangladesh	Women's	Individual Kumite 68kg	Bronze
Bangladesh	Women's	Team Kata	Bronze
Bangladesh	Women's	Team Kumite	Silver
Bangladesh	Men's	Individual Kata	Bronze
Bangladesh	Men's	Individual Kumite	Bronze
Bangladesh	Men's	Individual Kumite	Bronze
Bangladesh	Men's	Individual Kumite	Silver
Bangladesh	Men's	Individual Kumite	Gold
Bangladesh	Men's	Individual Kumite	Bronze
Bangladesh	Men's	Individual Kumite	Bronze
Bangladesh	Men's	Team Kata	Bronze
Bangladesh	Men's	Team Kumite	Bronze
Sri Lanka	Women's	Individual Kata	Bronze
Sri Lanka	Women's	Individual Kumite +68kg	Bronze
Sri Lanka	Women's	Individual Kumite 45kg	Bronze
Sri Lanka	Women's	Individual Kumite 50kg	Silver
Sri Lanka	Women's	Individual Kumite 55kg	Bronze
Sri Lanka	Women's	Individual Kumite 61kg	Bronze
Sri Lanka	Women's	Individual Kumite 68kg	Bronze
Sri Lanka	Women's	Team Kata	Bronze
Sri Lanka	Women's	Team Kumite	Bronze
Sri Lanka	Men's	Individual Kata	Bronze
Sri Lanka	Men's	Individual Kumite +84kg	Bronze
Sri Lanka	Men's	Individual Kumite 50kg	Silver
Sri Lanka	Men's	Individual Kumite 55kg	Bronze
Sri Lanka	Men's	Individual Kumite 60kg	Bronze
Sri Lanka	Men's	Individual Kumite 67kg	Bronze
Sri Lanka	Men's	Individual Kumite 75kg	Bronze
Sri Lanka	Men's	Individual Kumite 84kg	Bronze
Sri Lanka	Men's	Team Kata	Silver
Sri Lanka	Men's	Team Kumite	Silver
Bhutan	Men's	Men's 75kg	Bronze

Medals for Nepal


Gold 10

Silver 4

Bronze 5
Total : 19

S.No.	Karate	Gold	Silver	Bronze	Events	District
1	Anu Adhikari	1			Kumite 50kg	Kathmandu
2	Laxman Tamang	1			Kumite 55kg	Kathmandu
3	Sunita Maharjan	1			Kumite 68kg	Kathmandu
4	Nabin Rasaili	1			Kumite 67kg	Baglung
5	Anupama Magar	1			Kumite +68kg	Udayapur
6	Kusum Khadka	1			Kumite 45kg	Sindhupalchowk
7	Biplav Lal Shrestha	1			Kumite +84kg	Kathmandu
8	Manday Shrestha	1			Kata	Bhaktapur
9	Mahasus Moktan	1			Male Team Kata	Makwanpur
10	Manday Shrestha					Bhaktapur
11	Pravin Manandhar					Kathmandu
12	Nirmala Tamang	1			Female Team Kata	Kathmandu
13	Sangita Magar					Udayapur
14	Saru Karki					Palpa
15	Chanchala Danuwar		1		Individual Kata	Kavre
16	Diwas Shrestha		1		Kumite 84kg	Lalitpur
17	Gangaram Kushuwar		1		Kumite 75kg	Sarlahi
18	Anu Gurung		1		Kumite 61kg	Tanahun
19	Rajiv Pudasaini			1	Kumite 60kg	Nuwakot
20	Sonam Lama			1	Kumite 50kg	Kavre
21	Manisha Chaudhary			1	Kumite 55kg	Kapilvastu
22	Mukunda Maharjan			1	Male Team Kumite	Lalitpur
23	Rajkumar Rasaili					Baglung
24	Sushil Poudel					Sarlahi
25	Arjun Kumar Wagchan					Dang
26	Lekhnath Mainali					Sarlahi
27	Binod Shakya Gubhaju					Ramechhap
28	Digambar Prasad Panta					Kanchanpur
29	Sani Tamang			1	Female Team Kumite	Kathmandu
30	Aster Rai					Jhapa
31	Susmita Waiba					Kavre
32	Rita Karki					Makwanpur
Total Medal		10	4	5		



Kho-Kho

			
Country	Gold	Silver	Bronze
 India	2	-	-
 Nepal	-	2	1
 Bangladesh	-	1	1

Country	Stream	Event	Medal
India	Women's	Team Event	Gold
India	Men's	Team Event	Gold
Nepal	Men's	Team Event	Bronze
Nepal	Women's	Team Event	Silver
Nepal	Men's	Team	Bronze
Bangladesh	Women's	Team Event	Bronze
Bangladesh	Men's	Team Event	Silver

Medals for Nepal



Gold 0



Silver 2



Bronze 1

Total : 3

S.No.	Kho kho	Gold	Silver	Bronze	Events	District
1	Indal Kumar Ray Kurmi				Male Team	Dhanusa
2	Shyam Kumar Budhathoki					Sindhuli
3	Dhana Prasad Chaudhary					Rupandehi
4	Hem Raj Paneru					Kailali
5	Kushal Mechey					Jhapa
6	Tek Bahadur Sarki					Surkhet
7	Buddha Kumar Thapa					Dhanusa
8	Gopi Prasad Timilsina			1		Bardiya
9	Bharat Saru					Rupandehi
10	Tilak Sinjali					Palpa
11	Gaurav Rokaya					Bardiya
12	Milan Kumar Raya					Dhanusa
13	Ganesh Bishwokarma					Kailali
14	Rajan Bal					Makwanpur
15	Santosh Bohara					Kanchanpur
Total Medal				1		

S.No.	Kho kho	Gold	Silver	Bronze	Events	District
1	Saraswoti Kathayat				Female Team	Accham
2	Dil Kumari Tamang					Kanchanpur
3	Binu Tamang					Chitwan
4	Dhan Maya Darlami					Baglung
5	Sita Shah					Dhanusa
6	Nirmala Giri					Bardiya
7	Poonam Tharu					Bardiya
8	Deepa Bishwokarma		2			Bardiya
9	Anjali Thapa					Rupandehi
10	Manmati Dhami					Kanchanpur
11	Sunita Bhujel					Dhading
12	Poja Oad					Mahakali
13	Aasha Tharu					Bardiya
14	Karishma Bogati					Bardiya
15	Sumitra Chaudhary					Dang
Total Medal			2			



Country	Gold	Silver	Bronze
 India	2	-	-
 Nepal	-	1	-
 Pakistan	-	1	-
 Sri Lanka	-	-	2

Volleyball

Country	Stream	Event	Medal
India	Men's	Team Event	Gold
India	Women's	Team Event	Gold
Nepal	Women's	Team Event	Silver
Pakistan	Men's	Team Event	Silver
Sri Lanka	Men's	Team Event	Bronze
Sri Lanka	Women's	Team Event	Bronze

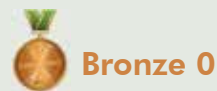
Medals for Nepal



Gold 0



Silver 1



Bronze 0

Total : 1

S.No.	Female Volleyball	Gold	Silver	Bronze	Events	District
1	Prathibha Mali				Team Event	Kathmandu
2	Saraswoti Chaudhari					Kailali
3	Niruta Thagunna					Darchula
4	Usha Bhandari					Tanahun
5	Aruna Shahi					Myagdi
6	Sunita Khadka					Okhaldhunga
7	Punam Chand		1			Kanchanpur
8	Safiya Pun					Baglung
9	Hira K.C.					Parbat
10	Usha Bista					Kanchanpur
11	Reshma Bhandari					Kathmandu
12	Janaki Bhandari					Doti
13	Kamala Pun					Myagdi
14	Salina Shrestha					Kathmandu
Total Medal			1			





			
Country	Gold	Silver	Bronze
 India	18	7	4
 Pakistan	2	5	7
 Bangladesh	-	6	4
 Sri Lanka	-	2	5


Shooting

Country	Stream	Event	Medal
India	Men's	25m Center Fire Pistol Team	Silver
India	Women's	10m Air Rifle Team	Gold
India	Women's	25m Pistol Team	Gold
India	Men's	10m Air Rifle Team	Gold
India	Women's	50m Rifle 3 Position Team	Gold
India	Women's	10m Air Pistol Team	Gold
India	Men's	25m Rapid Fire Pistol Team	Gold
India	Men's	10m Air Pistol Team	Gold
India	Mixed	10m Air Rifle Team	Gold
India	Mixed	10 Air Pistol Team	Gold
India	Men's	25m Center Fire Pistol	Gold
India	Men's	25m Center Fire Pistol	Silver
India	Women's	10m Air Rifle	Gold
India	Women's	10m Air Rifle	Silver
India	Women's	10m Air Rifle	Bronze
India	Men's	50m Rifle 3 Position	Gold
India	Men's	50m Rifle 3 Position	Silver
India	Women's	25m Pistol	Gold
India	Women's	25m Pistol	Silver
India	Men's	10m Air Rifle	Gold
India	Men's	10m Air Rifle	Silver
India	Women's	50m Rifle 3 Position	Gold
India	Women's	50m Rifle 3 Position	Silver
India	Women's	50m Rifle 3 Position	Bronze
India	Women's	10m Air Pistol	Gold
India	Men's	25m Rapid Fire Pistol	Gold
India	Men's	25m Rapid Fire Pistol	Bronze
India	Men's	10m Air Pistol	Gold
India	Men's	10m Air Pistol	Bronze
Pakistan	Men's	25m Center Fire Pistol Team	Gold
Pakistan	Men's	50m Rifle 3 Position Team	Gold
Pakistan	Women's	25m Pistol Team	Bronze

Pakistan	Men's	10m Air Rifle Team	Silver
Pakistan	Women's	10m Air Pistol Team	Silver
Pakistan	Men's	25m Rapid Fire Pistol Team	Silver
Pakistan	Men's	10m Air Pistol Team	Bronze
Pakistan	Mixed	10 Air Rifle Team	Bronze
Pakistan	Men's	25m Center Fire Pistol	Bronze
Pakistan	Men's	50m Rifle 3 Positions	Bronze
Pakistan	Women's	25m Pistol	Bronze
Pakistan	Women's	10m Air Pistol	Bronze
Pakistan	Men's	25m Rapid Fire Pistol	Silver
Pakistan	Men's	10m Air Pistol	Silver
Bangladesh	Women's	10m Air Rifle Team	Silver
Bangladesh	Men's	50m 3 Position Team	Silver
Bangladesh	Men's	10m Air Rifle Team	Bronze
Bangladesh	Women's	50m 3 Positions Team	Silver
Bangladesh	Women's	10m Air Pistol Team	Bronze
Bangladesh	Men's	10m Air Pistol Team	Silver
Bangladesh	Mixed	10m Air Pistol Team	Bronze
Bangladesh	Mixed	10m Air Rifle	Silver
Bangladesh	Men's	10m Air Rifle	Bronze
Bangladesh	Women's	10m Air Pistol	Silver
Sri Lanka	Men's	25m Center Fire Pistol Team	Bronze
Sri Lanka	Women's	10m Air Rifle Team	Bronze
Sri Lanka	Men's	50m Rifle 3 Position Team	Bronze
Sri Lanka	Women's	25m Pistol Team	Silver
Sri Lanka	Women's	50m Rifle 3 Position Team	Bronze
Sri Lanka	Men's	25m Rapid Fire Pistol Team	Bronze
Sri Lanka	Mixed	10m Air Pistol Team	Silver





			
Country	Gold	Silver	Bronze
 India	2	3	1
 Pakistan	2	1	3
 Nepal	-	-	2
 Sri Lanka	-	-	2

Squash

Country	Stream	Event	Medal
India	Women's	Individual	Gold
India	Women's	Individual	Silver
India	Men's	Individual	Silver
India	Men's	Individual	Bronze
India	Women's	Team	Gold
India	Men's	Team	Silver
Pakistan	Women's	Individual	Bronze
Pakistan	Women's	Individual	Bronze
Pakistan	Men's	Individual	Gold
Pakistan	Men's	Individual	Bronze
Pakistan	Men's	Team	Gold
Pakistan	Women's	Team	Silver
Nepal	Women's	Team	Bronze
Nepal	Men's	Team	Bronze
Sri Lanka	Women's	Team	Bronze
Sri Lanka	Men's	Team	Bronze

Medals for Nepal



Gold 0



Silver 0











Bronze 2

Total : 2

S.No.	Squash	Gold	Silver	Bronze	Events	District
1	Krishna Thapa			1	Team Events	Gorkha
2	Bhawana Sunuwar					Ramechhap
3	Bipana Blon					Kavre
4	Swosthani Shrestha					Dolkha
5	Amrit Thapa Magar			1	Team Events	Gorkha
6	Dipak Thapa					Mahottari
7	Amir Blon					Kavre
8	Keshar Simha Aharant					Kathmandu
Total Medal				2		



			
Country	Gold	Silver	Bronze
 India	27	19	6
 Sri Lanka	7	11	18
 Nepal	4	4	4
 Bangladesh	-	3	8
 Pakistan	-	1	2

Swimming

Country	Stream	Event	Medal
India	Men's	200m SC Freestyle	Silver
India	Men's	200m SC Freestyle	Bronze
India	Women's	200m SC Freestyle	Silver
India	Men's	200m SC Breaststroke	Gold
India	Men's	200m SC Breaststroke	Silver
India	Women's	200m SC Breaststroke	Gold
India	Men's	100m SC Mtr Butterfly	Silver
India	Women's	100m SC Butterfly	Gold
India	Women's	100m SC Butterfly	Silver
India	Men's	400m SC Freestyle Relay	Silver
India	Women's	400m SC Freestyle Relay	Gold
India	Men's	1500m SC Freestyle	Gold
India	Women's	400m SC IM	Gold
India	Women's	400m SC IM	Silver
India	Men's	200m SC Backstroke	Gold
India	Women's	200m SC Backstroke	Silver
India	Men's	100m SC Breaststroke	Gold
India	Men's	100m SC Breaststroke	Silver
India	Women's	100m SC Breaststroke	Gold
India	Women's	100m SC Breaststroke	Silver
India	Men's	50m SC Freestyle	Silver
India	Women's	800m CC Freestyle	Gold
India	Men's	400m SC IM	Gold
India	Women's	100m SC Backstroke	Gold
India	Women's	100m SC Backstroke	Bronze
India	Men's	100m SC Backstroke	Gold
India	Women's	50m SC Backstroke	Gold
India	Women's	50m SC Backstroke	Silver
India	Men's	50m SC Backstroke	Gold
India	Women's	50m SC Freestyle	Gold
India	Men's	400m SC Freestyle	Gold

India	Men's	400m SC Freestyle	Silver
India	Women's	400m SC Freestyle	Silver
India	Men's	200m SC Butterfly	Gold
India	Men's	200m SC Butterfly	Bronze
India	Women's	200m SC Butterfly	Gold
India	Men's	50m SC Backstroke	Gold
India	Women's	50m SC Backstroke	Gold
India	Women's	50m SC Backstroke	Bronze
India	Men's	800m SC Freestyle Relay	Gold
India	Women's	100m SC Free Style	Silver
India	Women's	100m SC Free Style	Bronze
India	Men's	200m SC IM	Silver
India	Men's	200m SC IM	Bronze
India	Women's	200m SC IM	Gold
India	Men's	100m SC Freestyle	Silver
India	Men's	50scm Butterfly	Silver
India	Women's	50m SC Butterfly	Gold
India	Women's	50m SC Butterfly	Silver
India	Men's	400m SC Medley Race	Gold
India	Women's	400m SC Medley Race	Gold
India	Women's	800m SC Freestyle Relay	Gold
Sri Lanka	Men's	200m SC Freestyle	Gold
Sri Lanka	Men's	200m SC Breaststroke	Bronze
Sri Lanka	Women's	200m SC Breaststroke	Bronze
Sri Lanka	Men's	100m SC Mtr Butterfly	Gold
Sri Lanka	Women's	100m SC Butterfly	Bronze
Sri Lanka	Men's	400m SC Freestyle Relay	Gold
Sri Lanka	Women's	400m SC Freestyle Relay	Silver
Sri Lanka	Men's	1500m SC Freestyle	Silver
Sri Lanka	Men's	200m SC Backstroke	Silver
Sri Lanka	Men's	200m SC Backstroke	Bronze
Sri Lanka	Women's	200m SC Backstroke	Bronze
Sri Lanka	Men's	100m SC Breaststroke	Bronze
Sri Lanka	Women's	100m SC Breaststroke	Bronze
Sri Lanka	Men's	50m SC Freestyle	Gold
Sri Lanka	Men's	50m SC Freestyle	Bronze
Sri Lanka	Women's	800m CC Freestyle	Silver
Sri Lanka	Men's	400m SC Im	Bronze
Sri Lanka	Men's	100m SC Backstroke	Silver
Sri Lanka	Men's	100m SC Backstroke	Bronze
Sri Lanka	Women's	50m SC Backstroke	Bronze
Sri Lanka	Men's	50m SC Backstroke	Bronze

Sri Lanka	Women's	50m SC Freestyle	Silver
Sri Lanka	Women's	50m SC Freestyle	Bronze
Sri Lanka	Women's	400m SC Freestyle	Bronze
Sri Lanka	Men's	200m SC Butterfly	Silver
Sri Lanka	Men's	50m SC Backstroke	Silver
Sri Lanka	Men's	50m SC Backstroke	Bronze
Sri Lanka	Women's	800m SC Freestyle Relay	Silver
Sri Lanka	Men's	200m SC IM	Gold
Sri Lanka	Men's	100m SC Freestyle	Gold
Sri Lanka	Men's	100m SC Freestyle	Bronze
Sri Lanka	Men's	50m SC Butterfly	Gold
Sri Lanka	Men's	50m SC Butterfly	Bronze
Sri Lanka	Women's	50m SC Butterfly	Bronze
Sri Lanka	Women's	400m SC Medley Relay	Silver
Sri Lanka	Men's	800m SC Freestyle Relay	Silver
Nepal	Women's	200 Sc Mtr Freestyle	Gold
Nepal	Women's	200m SC Breaststroke	Silver
Nepal	Men's	400m SC Freestyle Relay	Bronze
Nepal	Women's	200m SC Backstroke	Gold
Nepal	Women's	100m SC Backstroke	Silver
Nepal	Women's	400m SC Freestyle	Gold
Nepal	Women's	200m SC Butterfly	Silver
Nepal	Women's	50m SC Backstroke	Silver
Nepal	Women's	800m SC Freestyle	Bronze
Nepal	Women's	100m SC Free Style	Gold
Nepal	Women's	200m SC IM	Bronze
Nepal	Men's	400m SC Medley Race	Bronze
Bangladesh	Women's	200m SC Freestyle	Bronze
Bangladesh	Men's	400m SC Freestyle Relay	Bronze
Bangladesh	Men's	100m SC Butterfly	Bronze
Bangladesh	Men's	1500m SC Freestyle	Bronze
Bangladesh	Women's	400m SC IM	Bronze
Bangladesh	Men's	400m CC IM	Silver
Bangladesh	Men's	50m SC Back Stroke	Silver
Bangladesh	Men's	400m SC Freestyle	Bronze
Bangladesh	Women's	200m SC Butterfly	Bronze
Bangladesh	Men's	400m SC Medley Race	Silver
Bangladesh	Men's	800 m SC Freestyle Relay	Bronze
Pakistan	Women's	200m SC IM	Silver
Pakistan	Men's	400m SC Medely Race	Bronze
Pakistan	Men's	800m SC Freestyle Relay	Bronze

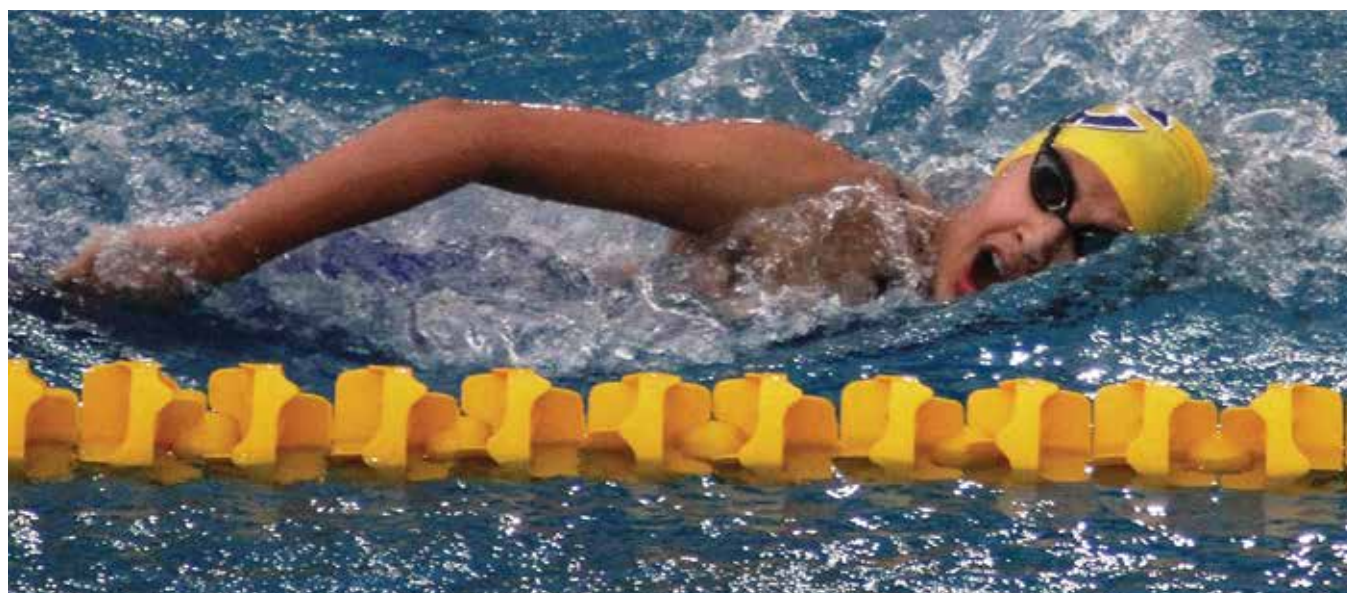
Medals for Nepal


Gold 4

Silver 4

Bronze 4
Total : 12

S.No.	Swimming	Gold	Silver	Bronze	Events
1	Gaurika Singh	4			200m free style
					200m back stroke
					400m free style
					100m free style
2	Gaurika Singh		2		50m back stroke
					100m stroke
3	Dubana Lama		2		200m breast stroke
					200m butterfly
4	Tisha Shakya			1	200m Ind.Midley
5	Anushriya Tandukar			1	400 x 100m free style
6	Gaurika Singh				
7	Dubana Lama				
8	Tisha Shakya				
9	Anushriya Tandukar			1	400 x 200 m free style
10	Gaurika Singh				
11	Dubana Lama				
12	Tisha Shakya				
13	Anushriya Tandukar			1	Free Style Relay
14	Gaurika Singh				
15	Dubana Lama				
16	Tisha Shakya				
Total Medal		4	4	4	













			
Country	Gold	Silver	Bronze
 India	7	5	-
 Sri Lanka	-	1	6
 Nepal	-	1	5
 Bangladesh	-	-	2
 Maldives	-	-	1

Table Tennis

Country	Stream	Event	Medal
India	Men's	Team	Gold
India	Women's	Team	Gold
India	Men's	Doubles	Gold
India	Women's	Doubles	Gold
India	Men's	Doubles	Silver
India	Women's	Doubles	Silver
India	Mixed	Doubles	Gold
India	Mixed	Doubles	Silver
India	Men's	Single	Gold
India	Men's	Single	Silver
India	Women's	Single	Gold
India	Women's	Single	Silver
Sri Lanka	Men's	Team	Bronze
Sri Lanka	Women's	Double	Bronze
Sri Lanka	Women's	Team	Silver
Sri Lanka	Men's	Doubles	Bronze
Sri Lanka	Mixed	Doubles	Bronze
Sri Lanka	Women's	Single	Bronze
Sri Lanka	Women's	Single	Bronze
Nepal	Men's	Team	Silver
Nepal	Women's	Team	Bronze
Nepal	Men's	Doubles	Bronze
Nepal	Women's	Doubles	Bronze
Nepal	Mixed	Doubles	Bronze
Nepal	Men's	Single	Bronze
Bangladesh	Women's	Doubles	Bronze
Bangladesh	Men's	Team	Bronze
Maldives	Women's	Team	Bronze

Medals for Nepal



Gold 0



Silver 1



Bronze 5

Total : 6

S.No.	Table Tennis	Gold	Silver	Bronze	Events	District
1	Santoo Shrestha			1		Dolakha
2	Purushottam Bajracharya			1		Lalitpur
3	Shiva Sundar Gothe					Bhaktapur
4	Samyog Kapali					Lalitpur
5	Binesh Khaniya		1			Lamjung
6	Santoo Shrestha					Dolakha
7	Purushottam Bajracharya					Lalitpur
8	Nabita Shrestha					Kathmandu
9	Elina Maharjan					Kathmandu
10	Rabina Maharjan			1		Kathmandu
11	Sikka Suwal					Jhapa
12	Dikshya Tamang					Kavre
13	Santoo Shrestha			1		Dohoro Padak
14	Binesh Khaniya					
15	Santoo Shrestha			1		
16	Nabita Shrestha					
Total Medal			1	5		



Country	Gold	Silver	Bronze
Nepal	12	6	11
India	9	10	8
Sri Lanka	4	6	16
Pakistan	3	6	7
Bangladesh	1	-	11
Bhutan	-	-	3

Taekwondo

Country	Stream	Event	Medal
Nepal	Women's	Female Individual Poomsae (17-23 years)	Gold
Nepal	Women's	Female Individual Poomsae (23-29 years)	Gold
Nepal	Women's	Female Individual Poomsae (29 years Above)	Gold
Nepal	Men's	Male Individual Poomsae (17-23 years)	Silver
Nepal	Men's	Male Individual Poomsae(23-29 years)	Gold
Nepal	Men's	Male Individual Poomsae (29 years Above)	Bronze
Nepal	Men's	Pair Poomsae (17-23 years)	Bronze
Nepal	Men's	Pair Poomsae (23-29 years)	Bronze

Nepal	Men's	Pair Poomsae (29 years Above)	Gold
Nepal	Women's	Female Team Poomsae (17-23 years)	Gold
Nepal	Women's	Female Team Poomsae 23 years above	Gold
Nepal	Men's	Male Team Poomsae (17-23 years)	Bronze
Nepal	Men's	Male Team Poomsae 23 years above	Bronze
Nepal	Men's	Women's 46kg	Gold
Nepal	Women's	Women's 57kg	Silver
Nepal	Men's	Men's 54kg	Bronze
Nepal	Men's	Men's 54kg	Gold
Nepal	Men's	87 +kg	Gold
Nepal	Men's	74kg	Bronze
Nepal	Women's	62kg	Gold
Nepal	Women's	53kg	Bronze
Nepal	Women's	73 +kg	Silver
Nepal	Men's	63kg	Bronze
Nepal	Men's	58kg	Bronze
Nepal	Men's	80kg	Silver
Nepal	Men's	87kg	Gold
Nepal	Women's	49kg	Bronze
Nepal	Women's	67kg	Silver
Nepal	Women's	73kg	Silver
India	Men's	Female Individual Poomsae (17-23 years)	Silver
India	Men's	Female Individual Poomsae (23-29 years)	Bronze
India	Men's	Female Individual Poomsae 29 years above	Silver
India	Men's	Male Individual Poomsae (23-29 Years)	Silver
India	Men's	Male Individual Poomsae (17-23 Years)	Bronze
India	Men's	Male Individual Poomsae 29 years above	Bronze
India	Men's	Pair Poomsae (17-23 years)	Silver
India	Men's	Pair Poomsae (23-29 years)	Gold
India	Women's	Female Team Poomsae (17-23 years)	Silver
India	Men's	Male Team Poomsae (17-23 years)	Gold
India	Men's	Male Team Poomsae 23 years above	Silver
India	Women's	Women's 46kg	Bronze
India	Women's	Women's 57kg	Gold
India	Men's	Men's 54kg	Bronze
India	Men's	63kg	Silver
India	Men's	Men's 68kg	Bronze
India	Men's	87 +kg	Bronze
India	Men's	74kg	Gold
India	Women's	62kg	Silver
India	Women's	53kg	Gold
India	Women's	73 +kg	Gold
India	Men's	58kg	Silver
India	Men's	80kg	Bronze
India	Men's	87kg	Silver
India	Women's	49kg	Gold

India	Women's	67kg	Gold
India	Women's	73kg	Gold
Sri Lanka	Women's	Female Individual Poomsae(17-23 years)	Bronze
Sri Lanka	Women's	Female Individual Poomsae (23-29 years)	Silver
Sri Lanka	Men's	Female Individual Poomsae (29 years above)	Bronze
Sri Lanka	Men's	Male Individual Poomsae(17-23 years)	Gold
Sri Lanka	Men's	Male Individual Poomsae(23-29 years)	Bronze
Sri Lanka	Men's	Male Individual Poomsae(29 years above)	Silver
Sri Lanka	Men's	Pair Poomsae (17-23 years)	Gold
Sri Lanka	Men's	Pair Poomsae (23-29 years)	Silver
Sri Lanka	Men's	Pair Poomsae 29 years above	Bronze
Sri Lanka	Women's	Female Team Poomsae (17-23 years)	Bronze
Sri Lanka	Women's	Female Team Poomsae 23 years above	Silver
Sri Lanka	Men's	Male Team Poomsae (17-23 Years)	Silver
Sri Lanka	Men's	Male Team Poomsae 23 years above	Gold
Sri Lanka	Women's	Women's 46kg	Bronze
Sri Lanka	Men's	Men's 54kg	Silver
Sri Lanka	Men's	Men's 68kg	Bronze
Sri Lanka	Men's	87 +kg	Bronze
Sri Lanka	Men's	74kg	Bronze
Sri Lanka	Women's	62kg	Bronze
Sri Lanka	Women's	53kg	Bronze
Sri Lanka	Women's	73 +kg	Bronze
Sri Lanka	Men's	63kg	Gold
Sri Lanka	Men's	80kg	Bronze
Sri Lanka	Men's	Kyorugi 58kg	Bronze
Sri Lanka	Men's	87kg	Bronze
Sri Lanka	Women's	49kg	Silver
Sri Lanka	Women's	73kg	Bronze
Pakistan	Men's	Pair Poomsae(23 years above to under 29 years)	Bronze
Pakistan	Men's	Pair Poomsae(29 years above)	Silver
Pakistan	Women's	Female Team Poomsae 23 years above	Bronze
Pakistan	Men's	Male Team Poomsae 23 years above	Bronze
Pakistan	Women's	Women's 46kg	Silver
Pakistan	Women's	Women's 57kg	Bronze
Pakistan	Men's	Men's 54kg	Gold
Pakistan	Men's	Men's 68kg	Silver
Pakistan	Men's	87 +kg	Silver
Pakistan	Men's	74kg	Silver
Pakistan	Women's	62kg	Bronze
Pakistan	Women's	53kg	Silver
Pakistan	Men's	63kg	Bronze
Pakistan	Men's	58kg	Gold
Pakistan	Men's	80kg	Gold
Pakistan	Men's	49kg	Bronze

Bhutan	Women's	Women's 57kg	Bronze
Bhutan	Women's	67kg	Bronze
Bhutan	Women's	73kg	Bronze
Bangladesh	Women's	Individual(17-23)Yrs	Bronze
Bangladesh	Women's	Female Individual Poomsae (23-29) Years	Bronze
Bangladesh	Men's	Male Individual Poomsae (17-23) Years	Bronze
Bangladesh	Women's	Individual Poomsae +29years	Bronze
Bangladesh	Men's	Male Individual Poomsae (23-29) Years	Bronze
Bangladesh	Men's	Male Individual Poomsae 29 Years Above	Gold
Bangladesh	Men's	Pair Poomsae (17-23) Years	Bronze
Bangladesh	Men's	Pair Poomsae 29 Years Above	Bronze
Bangladesh	Women's	Female Team Poomsae (17-23) Years	Bronze
Bangladesh	Men's	Male Team Poomsae (17-23) Years	Bronze
Bangladesh	Men's	87kg	Bronze
Bangladesh	Women's	67kg	Bronze

Medals for Nepal



Gold 12



Silver 6









Bronze 11

Total : 29

S.No.	Taekwondo	Gold	Silver	Bronze	Events	District	
1	Kajal Shrestha	1			Kyorugi	Sindhupalchowk	
2	Sangita Nepali	1			Kyorugi	Chitwan	
3	Bir Bahadur Mahara	1			Kyorugi	Kanchanpur	
4	Bhupen Shrestha	1			Kyorugi	Morang	
5	Shaksham Karki	1			Kyorugi	Kathmandu	
6	Sina Limbu Maden	1			Poomsae	Sunsari	
7	Parbati Gurung	1			Poomsae	Lamjung	
8	Ayasha Shakya	1			Poomsae	Lalitpur	
9	Kamal Shrestha	1			Poomsae	Argakhachi	
10	Ayasha Shakya	1			Pair Poomsae	Lalitpur	
11	Sanjib Kumar Ojha					Makwanpur	
12	Ashmin Raut			1	Pair Poomsae	Kathmandu	
13	Sina Limbu Maden					Sunsari	
14	Jit Bahadur Bot			1		Chitwan	
15	Parbati Gurung					Lamjung	
16	Nisha Darnal				Team Poomsae	Makwanpur	
17	Swastika Tamang	1				Bhojpur	
18	Sanjila Timalisina					Dhading	
19	Nita Gurung				Team Poomsae	Sunsari	
20	Prashansa Chhetri	1				Syangja	
21	Susila Rai					Sunsari	

22	Shishir Shrestha			1	Team Poomsae	Chitwan
23	Ashmin Raut					Kathmandu
24	Dipendra Gurung					Kailali
25	Kamal Shrestha			1	Team Poomsae	Argakhachi
26	Jit Bahadur Bot					Chitwan
27	Prem Bahadur Limbu					Sankhuwasabha
28	Neema Gurung		1		Kyorugi	Mustang
29	Kiran Ale		1		Kyorugi	Rupandehi
30	Apsara Karki		1		Kyorugi	Bhojpur
31	Manita Shahi		1		Kyorugi	Kathmandu
32	Nisha Rawal		1		Kyorugi	Kathmandu
33	Krishna Bahadur Tamang		1		Poomsae	Nuwakot
34	Yunisha Rai			1	Kyorugi	Khotang
35	Ashmita Khadka			1	Kyorugi	Kathmandu
36	Manoj Malla			1	Kyorugi	Kanchanpur
37	Gobinda Ale			1	Kyorugi	Rupandehi
38	Gyanendra Hamal			1	Kyorugi	Dolakha
39	Nischal Man Shrestha			1	Kyorugi	Parsa
40	Rejin Rimal			1	Poomsae	Nuwakot
Total Medal		12	6	11		



Country	Gold	Silver	Bronze
 India	7	5	-
 Bangladesh	1	-	11
 Pakistan	-	1	6
 Sri Lanka	-	1	2
 Nepal	-	-	5
 Bhutan	-	-	1

Tennis

Country	Stream	Event	Medal
India	Men's	Single	Gold
India	Men's	Single	Silver
India	Men's	Double	Gold
India	Men's	Double	Silver
India	Men's	Team	Gold
India	Women's	Single	Gold
India	Women's	Single	Silver
India	Women's	Double	Gold
India	Women's	Double	Silver

India	Women's	Team	Gold
India	Mixed	Team	Gold
India	Mixed	Team	Silver
Bangladesh	mixed	Team	Gold
Pakistan	Men's	Single	Bronze
Pakistan	Men's	Single	Bronze
Pakistan	Men's	Double	Bronze
Pakistan	Men's	Double	Bronze
Pakistan	Men's	Team	Silver
Pakistan	Women's	Team	Bronze
Pakistan	Mixed	Team	Bronze
Sri Lanka	Women's	Single	Bronze
Sri Lanka	Women's	Team	Silver
Sri Lanka	Mixed	Team	Bronze
Nepal	Men's	Team	Bronze
Nepal	Women's	Team	Bronze
Nepal	Women's	Double	Bronze
Nepal	Women's	Double	Bronze
Nepal	Women's	Singles	Bronze
Bhutan	Men's	Team	Bronze

Medals for Nepal



Gold 0



Silver 1






Bronze 5

Total : 5

S.No.	Tennis	Gold	Silver	Bronze	Events	District
1	Samrakshak Bhushan Bajracharya			1	Male Team	Lalitpur
2	Pranav Khanal					Lalitpur
3	Pradip Khadka					Kaski
4	Santoshi Khatri					Lalitpur
5	Nabin Paija					Myagdi
6	Samyak Bhushan Bajracharya					
7	Prerana Koirala			1	Female Team	Lalitpur
8	Saloni Tamang					Morang
9	Abhilasha Bista					Jhapa
10	Ira Meharnisha Rawat					Lalitpur
11	Rayana Shah					Jhapa
12	Prakriti Shrestha				Kathmandu	
13	Prerana Koirala			1	Female Double	
14	Saloni Tamang					
15	Abhilasha Bista			1	Female Double	
16	Ira Meharnisha Rawat					
17	Prerana Koirala			1		
Total Medal				5		



Country	Gold	Silver	Bronze
 Nepal	2	3	1
 India	2	2	1
 Sri Lanka	1	0	3

Triathlon

Country	Stream	Event	Medal
Nepal	Men's	Triathlon (Basanta Tharu)	Bronze
Nepal	Women's	Triathlon (Sony Gurung)	Gold
Nepal	Women's	Duathlon Female	Silver
Nepal	Men's	Duathlon Male	Gold
Nepal	Women's	Duathlon Male	Silver
Nepal	Men's	Mixed Team Relay	Silver
India	Men's	Triathlon	Gold
India	Men's	Triathlon	Silver
India	Women's	Triathlon	Silver
India	Women's	Triathlon	Bronze
India	Men's	Mixed Team Relay	Gold
Sri Lanka	Women's	Duathlon Female	Gold
Sri Lanka	Women's	Duathlon Female	Bronze
Sri Lanka	Men's	Duathlon Male	Bronze
Sri Lanka	Men's	Mixed Team Relay	Bronze



Medals for Nepal



Gold 2



Silver 3



Bronze 1

Total : 6

S.No.	Triathlon	Gold	Silver	Bronze	Events	District
1	Soni Gurung	1			Triathlon	Dhading
2	Himal Tamata	1			Duathlon	Kanchanpur
3	Soni Gurung		1		Mixed Team Relay	Dhading
4	Kesari Thapa Magar			Tanahun		
5	Basanta Tharu			Bardiya		
6	Dipesh Chaudhary					Bardiya
7	Laxman Malla		1		Duathlon	Dhading
8	Humi Budamagar		1			Pyuthan
9	Basanta Tharu			1	Triathlon	Bardiya
Total Medal		2	3	1		



Country	Gold	Silver	Bronze
India	9	1	-
Pakistan	5	2	2
Sri Lanka	2	8	1
Bangladesh	2	6	5
Nepal	2	3	11
Bhutan	-	-	1

Weightlifting

Country	Stream	Event	Medal
India	Women's	Senior 45kg	Gold
India	Women's	Senior 49kg	Gold
India	Men's	61kg	Gold
India	Women's	55kg	Gold
India	Men's	73kg	Gold
India	Women's	64kg	Gold
India	Women's	71kg	Gold
India	Men's	81kg	Silver
India	Women's	81kg	Gold
India	Women's	87kg	Gold
Pakistan	Women's	55kg	Bronze
Pakistan	Men's	67kg	Gold
Pakistan	Men's	73kg	Silver
Pakistan	Men's	89kg	Bronze



Pakistan	Men's	81kg	Gold
Pakistan	Women's	87kg	Silver
Pakistan	Men's	102kg	Gold
Pakistan	Men's	109kg	Gold
Pakistan	Men's	109+ kg	Gold
Sri Lanka	Women's	Senior 45kg	Silver
Sri Lanka	Women's	Senior 49kg	Silver
Sri Lanka	Men's	61kg	Silver
Sri Lanka	Women's	59kg	Silver
Sri Lanka	Men's	55kg	Gold
Sri Lanka	Men's	67kg	Silver
Sri Lanka	Women's	64kg	Silver
Sri Lanka	Men's	81kg	Bronze
Sri Lanka	Women's	76kg	Silver
Sri Lanka	Women's	+87kg	Gold
Sri Lanka	Men's	109+ kg	Silver
Bangladesh	Women's	Senior 49kg	Bronze
Bangladesh	Men's	61kg	Bronze
Bangladesh	Women's	59kg	Bronze
Bangladesh	Women's	55kg	Silver
Bangladesh	Men's	55kg	Silver
Bangladesh	Women's	71kg	Silver
Bangladesh	Men's	89kg	Silver
Bangladesh	Men's	96kg	Gold
Bangladesh	Men's	102kg	Silver
Bangladesh	Women's	87+kg	Bronze
Bangladesh	Women's	76kg	Gold
Bangladesh	Women's	81kg	Silver
Bangladesh	Men's	109kg	Bronze
Nepal	Women's	Senior 45kg	Bronze
Nepal	Women's	59kg	Gold
Nepal	Men's	55kg	Bronze
Nepal	Men's	67kg	Bronze
Nepal	Men's	73kg	Bronze
Nepal	Women's	64kg	Bronze
Nepal	Women's	71kg	Bronze
Nepal	Men's	89kg	Gold
Nepal	Men's	96kg	Silver
Nepal	Men's	102kg	Bronze
Nepal	Women's	87kg	Bronze
Nepal	Women's	+87kg	Silver
Nepal	Women's	76kg	Bronze
Nepal	Women's	81kg	Bronze
Nepal	Men's	109kg	Silver
Nepal	Men's	109+ kg	Bronze
Bhutan	Men's	96kg	Bronze



Medals for Nepal


Gold 2









Silver 3

Bronze 11
Total : 16

S.No.	Weight Lifting	Gold	Silver	Bronze	Events	District
1	Sanju Chaudhary	1			59kg	Banke
2	Bikash Thapa	1			89kg	Parsa
3	Asmita Rai		1		87kg	Nuwakot
4	Vishal Singh Bista		1		96kg	Kanchanpur
5	Sagar Bhandari		1		109kg	Kanchanpur
6	Sangita Rai			1	45kg	Udaypur
7	Devi Kumari Chaudhary			1	64kg	Saptari
8	Rajlaxmi Thapa			1	71kg	Jhapa
9	Taradevi Pun			1	76kg	Parbat
10	Laxmi Ban			1	81kg	Bhaktapur
11	Mankumari Kumal			1	87kg	Tanahun
12	Tularam Mahato			1	55kg	Nawalparasi
13	Kamal Bahadur Adhikari			1	67kg	Chitwan
14	Prakash K.C.			1	73kg	Banke
15	Sandesh Gurung			1	102kg	Chitwan
16	Pukar Gurung			1	109kg	Chitwan
Total Medal		2	3	11		





			
Country	Gold	Silver	Bronze
 India	14	-	-
 Pakistan	3	4	-
 Sri Lanka	2	10	2
 Nepal	1	4	8
 Bangladesh	-	2	7

Wrestling

Country	Stream	Event	Medal
India	Women's	50kg	Gold
India	Women's	53kg	Gold
India	Men's	57kg	Gold
India	Men's	65kg	Gold
India	Women's	57kg	Gold
India	Women's	76kg	Gold
India	Men's	97kg	Gold
India	Men's	125kg	Gold
India	Men's	61kg	Gold
India	Men's	86kg	Gold
India	Men's	59kg	Gold
India	Men's	62kg	Gold
India	Women's	68kg	Gold
India	Men's	74kg	Gold
Pakistan	Men's	70kg	Gold
Pakistan	Men's	79kg	Gold
Pakistan	Men's	97kg	Silver
Pakistan	Men's	125kg	Silver
Pakistan	Men's	61kg	Silver
Pakistan	Men's	86kg	Silver
Pakistan	Men's	92kg	Gold
Sri Lanka	Women's	50kg	Silver
Sri Lanka	Women's	53kg	Bronze
Sri Lanka	Men's	57kg	Silver
Sri Lanka	Men's	65kg	Silver
Sri Lanka	Women's	76kg	Silver
Sri Lanka	Men's	70kg	Silver
Sri Lanka	Men's	79kg	Silver
Sri Lanka	Men's	61kg	Bronze
Sri Lanka	Men's	92kg	Silver
Sri Lanka	Women's	62kg	Silver
Sri Lanka	Women's	65kg	Gold
Sri Lanka	Women's	72kg	Gold

Sri Lanka	Women's	68kg	Silver
Sri Lanka	Men's	74kg	Silver
Nepal	Women's	50kg	Bronze
Nepal	Women's	53kg	Silver
Nepal	Men's	57kg	Bronze
Nepal	Men's	65kg	Bronze
Nepal	Women's	55kg	Gold
Nepal	Women's	57kg	Silver
Nepal	Men's	70kg	Bronze
Nepal	Men's	79kg	Bronze
Nepal	Men's	125kg	Bronze
Nepal	Men's	92kg	Bronze
Nepal	Women's	59kg	Bronze
Nepal	Women's	65kg	Silver
Nepal	Women's	72kg	Silver
Bangladesh	Women's	55kg	Silver
Bangladesh	Men's	97kg	Bronze
Bangladesh	Men's	86kg	Bronze
Bangladesh	Women's	59kg	Silver
Bangladesh	Women's	62kg	Bronze
Bangladesh	Women's	65kg	Bronze
Bangladesh	Women's	72kg	Bronze
Bangladesh	Women's	68kg	Bronze
Bangladesh	Men's	74kg	Bronze



Medals for Nepal



Gold 1



Silver 4



Bronze 8

Total : 13

S.No.	Wrestling	Gold	Silver	Bronze	Events	District
1	Sangita Dhami	1			55kg	Kanchanpur
2	Ambika Bhandari		1		53kg	Kanchanpur
3	Shiwangi Dubey		1		53kg	Kanchanpur
4	Sushila Chand		1		65kg	Kanchanpur
5	Nirmala Jagari		1		72kg	Nepal Police
6	Manisha Singh			1	50kg	Kanchanpur
7	Komal Khatri			1	59kg	Kanchanpur
8	Naresh Yadav			1	57kg	Parsa
9	Saroj Yadav			1	65kg	Parsa
10	Suresh Chunara			1	70kg	Dadeldura
11	Bunnilal Raut			1	79kg	Bara
12	Sumir Kumar Shah			1	92kg	Parsa
13	Raj Yadav			1	125kg	Parsa
Total Medal		1	4	8		



Wushu

Country	Gold	Silver	Bronze
India	11	3	3
Nepal	5	6	5
Pakistan	3	4	3
Sri Lanka	2	5	6
Bangladesh	-	3	11

Country	Stream	Event	Medal
India	Men's	Chanquan	Bronze
India	Men's	Taijiquan	Silver
India	Men's	Nanquan All Rounder	Silver
India	Men's	Daoshu/Gunshu All-Round	Gold
India	Women's	Sanda 56kg	Bronze
India	Women's	Sanda 52kg	Gold
India	Women's	Sanda 60kg	Gold
India	Women's	Sanda 65kg	Gold
India	Women's	Sanda 70kg	Gold
India	Women's	Sanda 75kg	Gold

India	Men's	Sanda 52kg	Gold
India	Men's	Sanda 56kg	Gold
India	Men's	Sanda 60kg	Gold
India	Men's	Sanda 65kg	Gold
India	Men's	Sanda 70kg	Gold
India	Men's	Sanda 75kg	Bronze
India	Men's	Sanda 80kg	Silver
Nepal	Men's	Chanquan Thaulo	Gold
Nepal	Women's	Chanquan Thaulo	Gold
Nepal	Men's	Taijiquan	Bronze
Nepal	Men's	Nanquan All Rounder	Gold
Nepal	Men's	Daoshu/Gunshu All-Round	Silver
Nepal	Women's	Nanquan All-Round	Gold
Nepal	Women's	Taijiquan All-Rounder	Silver
Nepal	Women's	Sanda 56kg	Gold
Nepal	Women's	Sanda 52kg	Silver
Nepal	Women's	Sanda 70kg	Silver
Nepal	Women's	Sanda 75kg	Silver
Nepal	Men's	Sanda 52kg	Bronze
Nepal	Men's	Sanda 60kg	Silver
Nepal	Men's	Sanda 70kg	Bronze
Nepal	Men's	Sanda 80kg	Bronze
Nepal	Men's	Sanda 85kg	Bronze
Pakistan	Women's	Sanda 52kg	Bronze
Pakistan	Women's	Sanda 60kg	Silver
Pakistan	Women's	Sanda 65kg	Silver
Pakistan	Men's	Sanda 52kg	Silver
Pakistan	Men's	Sanda 56kg	Bronze
Pakistan	Men's	Sanda 65kg	Bronze
Pakistan	Men's	Sanda 70kg	Silver
Pakistan	Men's	Sanda 75kg	Gold
Pakistan	Men's	Sanda 80kg	Gold
Pakistan	Men's	Sanda 85kg	Gold
Sri Lanka	Women's	Chanquan Thaulo	Silver
Sri Lanka	Men's	Taijiquan	Gold
Sri Lanka	Men's	Nanquan All-Round	Bronze
Sri Lanka	Women's	Taijiquan All-Rounder	Gold
Sri Lanka	Women's	Sanda 56kg	Silver
Sri Lanka	Women's	Sanda 52kg	Bronze
Sri Lanka	Men's	Sanda 52kg	Bronze
Sri Lanka	Men's	Sanda 56kg	Bronze
Sri Lanka	Men's	Sanda 60kg	Bronze
Sri Lanka	Men's	Sanda 65kg	Silver
Sri Lanka	Men's	Sanda 70kg	Bronze
Sri Lanka	Men's	Sanda 75kg	Silver
Sri Lanka	Men's	Sanda 85kg	Silver

Bangladesh	Men's	Chanquan	Silver
Bangladesh	Women's	Chanquan	Bronze
Bangladesh	Men's	Nanquan All Rounder	Bronze
Bangladesh	Men's	Daousho/Gunshu All-Round	Bronze
Bangladesh	Women's	Nanquan All-Round	Silver
Bangladesh	Women's	Taijiquan All-Rounder	Bronze
Bangladesh	Women's	Sanda 56kg	Bronze
Bangladesh	Women's	Sanda 60kg	Bronze
Bangladesh	Women's	Sanda 70kg	Bronze
Bangladesh	Men's	Sanda 56kg	Silver
Bangladesh	Men's	Sanda 60kg	Bronze
Bangladesh	Men's	Sanda 65kg	Bronze
Bangladesh	Men's	Sanda 75kg	Bronze
Bangladesh	Men's	Sanda 80kg	Bronze

Medals for Nepal



Gold 5



Silver 6



Bronze 5

Total : 16

S.No.	Wushu	Gold	Silver	Bronze	Events	District
1	Bijay Sinjali	1			Changquan	Siraha
2	Deepak Hamal	1			Nanchuan	Surkhet
3	Susmita Tamang	1			Changquan	Bhaktapur
4	Nima Gharti Magar	1			Nanchuan	Lalitpur
5	Juni Rai	1			56 kg	Illam
6	Mina Glan		1		Thaichuwan	Nuwakot
7	Bishow Budamagar		1		Tawushu Kunsu	Rukum
8	Mangal Prasad Tharu		1		60kg	Bardiya
9	Alina Chaudhary		1		52kg	Kailali
10	Bindu Pun		1		70kg	Myagdi
11	Shilu Dangol		1		75kg	Makwanpur
12	Hari Prasad Gole			1	Thaichuwan	Makwanpur
13	Ashok Khaling			1	52kg	Illam
14	Chitra Singh Thakuri			1	70kg	Panchthar
15	Nikesh Shrestha			1	80kg	Lalitpur
16	Kiran Singh Saud			1	85kg	Kanchanpur
Total Medal		5	6	5		





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