



OLYMPIC NEPAL


REVIEW | ISSUE 2 | 2025

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ROAD TO LA OLYMPIC GAMES 2028: OLYMPIC ATHLETE SCHOLARSHIP PROGRAM OF OLYMPIC SOLIDARITY

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YEAR IN REVIEW: 2025

The Nepal Olympic Committee remains committed to advancing athletic performance, strengthening sports governance, and expanding opportunities for athletes, coaches, and communities. In 2025, we achieved important milestones through international participation, enhanced partnerships, capacity-building programs, and expanded community engagement.

This Year in Review highlights our major activities across four thematic areas that reflect our strategic priorities: (A) Competition and Athletic Development, (B) Community Engagement and Olympic Promotion, (C) Governance and International Relations, and (D) Capacity building and Training.



Competition and Athletic Development



Community Engagement and Olympic Promotion,



Governance and International Relations,



Capacity building and Training.

Message from Director General



Dear Friends,

On behalf of the Olympic Council of Asia, I am pleased to convey my warm greetings and sincere congratulations to the Nepal Olympic Committee (NOC) on the publication of its Annual Magazine, which showcases the year-round activities, achievements, and development initiatives of the Olympic Movement in Nepal.

The Nepal Olympic Committee has consistently demonstrated dedication to the promotion of Olympic values, athlete development, and the advancement of sport across the nation.

Through its programmes, competitions, and educational initiatives, the NOC continues to play an important role in nurturing young talent and fostering unity, excellence, and friendship through sport.

The NOC's commitment to Olympic ideals, despite the challenges it has faced, is truly commendable. We sincerely appreciate your continued participation in our multi-sport events like the Harbin Asian Winter Games and the Bahrain Asian Youth Games, even under the unavoidable circumstances confronting the Nepal Olympic Committee.

The dedicated efforts of your athletes, administrators, coaches, and volunteers reflect a strong determination to raise sporting standards and to ensure that sport remains a powerful instrument for social development and national pride.

I extend my appreciation to the NOC leadership for its continued cooperation and contribution to the Asian Olympic Movement. I am confident that the NOC will continue to grow stronger and achieve greater success in the years ahead.

I wish the Nepal Olympic Committee continued progress and success, and I look forward to our ongoing collaboration in promoting Olympism in Asia.

With best wishes!

Husain Al Musallam
Director General
Olympic Council of Asia
23rd December 2025

Message from President



2025 comes to a close with another year of echoing the beliefs of the Olympic Movement and strengthening Nepal's position in the global sports arena. This year Nepal Olympic Committee, together with our athletes, coaches, officials and partners across the nation and the world, continued our presence in the sports landscape. Looking back, our activities ranged from participating and organising competitive events, capacity building, community engagement and reaffirming Nepal's active role in diplomacy through sports.

Our athletes represented Nepal with pride at major continental events, including the 3rd Asian Youth Games and the 9th Asian Winter Games. These participations provided valuable exposure and experience for our athletes while reaffirming Nepal's commitment to competitive excellence and long-term athlete development. On home ground, we successfully organized the 3rd Lumbini International Peace Marathon with the support of the Embassy of the People's Republic of China in Nepal, further strengthening bilateral relations while promoting peace, sports tourism, and community participation. Across both domestic and international arenas, Nepali athletes demonstrated resilience, discipline, and determination.

Promoting the Olympic Movement and engaging communities remained a key focus throughout the year. We celebrated the 77th Olympic Day under the global theme "Let's Move," emphasizing collective action for health, unity, and active lifestyles. Olympians who represented Nepal at the Paris 2024 Olympic Games joined diplomatic partners and communities in activities that reflected the spirit of togetherness. Similarly, the observance of the International Day of Sport for Development and Peace, marked with students

and community members at Swayambhu, highlighted sport's role in advancing inclusion, peace, and social cohesion.

In parallel, the Nepal Olympic Committee maintained a strong presence in sports governance and international relations. Our officials actively participated in key regional and continental forums, including the South Asian Olympic Council meeting, the 45th General Assembly of the Olympic Council of Asia, international athletes' forums, and multiple Chef-de-Mission seminars. These engagements enabled Nepal to contribute to decision-making processes, strengthen regional cooperation, and ensure effective preparation for upcoming multi-sport events.

Capacity building remained central to our vision for sustainable sports development. Throughout the year, athletes, coaches, and officials enhanced their skills through national and international training programs covering traditional and emerging areas, from coaching development and athlete welfare to technology, integrity, and innovation in sport.

At its core, 2025 was all about forward thinking and preparing ourselves for future challenges, within and outside competitive events. As we prepare for exciting new endeavours for the upcoming year, we present to you Nepal Olympic Committee's 'Year in Review: 2025'. Here's to celebrating all our achievements and efforts of the year gone by, before we embark on new adventures in 2026.

Jeevan Ram Shrestha
President
Nepal Olympic Committee



Nepal Olympic Committee



Message from Secretary General



It gives me immense pleasure to present this Annual Magazine of the Nepal Olympic Committee, which reflects the collective efforts, achievements, and progress made during the past year in promoting the Olympic Movement in Nepal.

The year under review has been both challenging and rewarding. Despite various constraints, the Nepal Olympic Committee, in close collaboration with National Sports Federations, athletes, coaches, officials, and stakeholders, successfully carried out numerous programs and activities aligned with the principles of Olympism. These initiatives focused on athlete development, participation in international competitions, promotion of Olympic values, sports education, and strengthening institutional governance.

Our athletes continued to represent Nepal with dedication and dignity in Harbin Asian Winter Games and Bahrain Asian Youth Games. The Nepal Olympic Committee remains committed to creating a supportive environment that enables athletes to perform at their best while upholding the values of excellence, respect, and friendship.

I would like to extend my sincere appreciation to the International Olympic Committee, Olympic Council of Asia, Olympic Solidarity, National Sports Federations, my NOC colleagues and all well-wishers for their continued guidance, cooperation, and support. I am equally grateful to the athletes, coaches, officials, and staff whose tireless efforts have contributed to the success of our programs.

Furthermore, I would like to congratulate all athlete scholarship holders for the LA Olympic Games, the Aichi-Nagoya Asian Games, and the Dakar Youth Olympic Games, and I believe they will do their best in the Games to make the country proud.

Together, let us continue to work with unity, integrity, and commitment for a stronger and more inclusive sporting future for Nepal.

With best wishes,

Rajiv Shrestha
Secretary General
Nepal Olympic Committee

Executive Board Members of Nepal Olympic Committee



Jeevan Ram Shrestha
President



Jyoti Rana
Vice President



Chaturananda Raj Vaidya
Vice President



Ashok Ratna Bajracharya
Vice President



Gopal Sundar Lal Kakshapati
Vice President



Dhawa Gurung
Vice President



Rajiv Shrestha
Secretary General



Tashi Ghale
Treasurer



Ramji Bahadur Shrestha
Deputy Secretary General



Ramesh Prasad Shiwakoti
Secretary



Bhim Singh Gurung
Secretary



Ram Krishna Shrestha
Secretary



Geeta Rana
Member



Lhakpa Tsering Lama
Member



Ratan Kumar Tandon
Honorary V.P.



Deepak Harsha Bajracharya
Honorary V.P.



Tulsi Thapa
Honorary V.P.



Rank	Team/NOC	Gold	Silver	Bronze	Total
1	People's Republic of China	32	27	26	85
2	Republic of Korea	16	15	14	45
3	Japan	10	12	15	37
4	Kazakhstan	4	9	7	20
5	Philippines	1	0	0	1

9TH ASIAN WINTER GAMES HARBIN, CHINA

Nepal continued its participation in international winter sports through the 9th Asian Winter Games 2025, held in Harbin, China from 7-14 February. The Games featured athletes from 34 countries, with over 1,200 competitors across six sports, 11 disciplines, and 64 events.

Nepal was represented by four athletes in Alpine Skiing. In the men's slalom, Mr. Saphal Ram Shrestha and Mr. Chowang Mingyur Tamang competed, with Mr. Shrestha finishing 29th overall with a combined time of 1:58.86. In the women's

slalom, Ms. Debora Timalsina and Ms. Laxmi Rai both completed their runs successfully, in an event where many competitors did not finish.

During the Games, Nepal Olympic Committee President Mr. Jeevan Ram Shrestha—who also chairs the OCA Sports and Environment Commission—presented medals for the men's alpine skiing slalom and the women's 5km cross-country events. This engagement underscored Nepal's growing presence in regional winter sports and international sports diplomacy.

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THE GAMES FEATURED ATHLETES FROM 34 COUNTRIES, WITH OVER 1,200 COMPETITORS ACROSS SIX SPORTS, 11 DISCIPLINES, AND 64 EVENTS.



3RD LUMBINI INTERNATIONAL PEACE MARATHON

The 3rd Lumbini International Peace Marathon 2025 was held on 22 March 2025, attracting strong participation across multiple race categories and reinforcing Lumbini's identity as a global symbol of peace. The event promoted sportsmanship, cultural harmony, and broader community involvement through a parallel 3 km walkathon.

In the men's marathon, Mr. Anish Thapa Magar secured first place with a time of 2:20:19. The competition remained closely contested, with the top three finishers separated by less than 30 seconds. From a prize pool of NPR 1,527,000, the champion received NPR 350,000, while the second- and third-place finishers—Mr. Sushil Kumar Shahi and Mr. Stephen Kosi (Kenya)—were awarded NPR 250,000 and NPR 150,000 respectively.

In the women's half marathon, Ms. Santoshi Shrestha claimed first place with a time of 1:20:25, receiving NPR 150,000. Ms. Purna Lakshmi Neupane and Ms. Chen Wei (China) finished second and third, earning NPR 100,000 and NPR 80,000.

In the men's 5 km race, Mr. Nageshwar Ahir, Mr. Ganesh Singh Rawat, and Mr. Bhupendra Sunar were the top three finishers.

In the women's 5 km category, Ms. **Neermaya Chaudhary** placed first, followed by Ms. Qin Wanchi and Ms. Wang Yachi.

In the women's 5 km category, Ms. Neermaya Chaudhary placed first, followed by Ms. Qin Wanchi and Ms. Wang Yachi. Mr. Krishna Pariyar and Ms. Chandani Pasi won the Boys' and Girls' 5 km races, respectively.

The event was organized by the Nepal Olympic Committee with support from the Embassy of the People's Republic of China in Nepal. Prizes and certificates were presented by Mr. Jeevan Ram Shrestha (President, Nepal Olympic Committee), H.E. Chen Song (Ambassador of China to Nepal), and other distinguished guests. The marathon contributed to the promotion of sports tourism and community engagement in Lumbini.



3RD ASIAN YOUTH GAMES, BAHRAIN

Nepal participated in the 3rd Asian Youth Games held in Isa Sports City, Bahrain, gaining valuable competitive experience across multiple disciplines.

Ahead of the 3rd Asian Youth Games, the official Chef-de-Mission Seminar was held in Bahrain from 14-17 May 2025. Delegates from National Olympic Committees across Asia participated, reviewing final arrangements for venues, accommodation, transportation, and other logistics. From Nepal, Mr. Ayush Joshi, Communication and IT Officer of NOC Nepal, attended the seminar. This briefing provided Nepal with up-to-date information on venues and Games operations, facilitating effective planning and preparation for its youth delegation.

The Games were held in 22-31 October 2025 where Nepal participated in 6 disciplines. Mr. Rebuen Thapa carried the national flag for the Opening Ceremony and competed in Golf, finishing 37th



overall. In E-Sports (eFootball), Mr. Kavya Raj Acharya represented Nepal in the group stage, delivering a competitive performance despite not advancing to the knockout rounds.

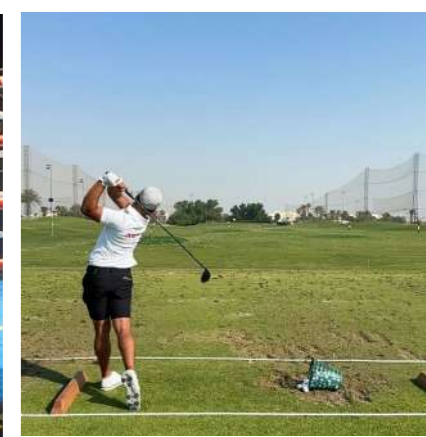
In Muay Thai, athletes Mr. Genji Rai and Ms. Palishtha Kakshapti competed in their respective categories and were eliminated in the first round. In Swimming, Ms. Aarya Maharjan participated in the women's 50m Freestyle, finishing 5th in her heat and 36th overall among 47 competitors. Mr. Atharva Singh competed in the men's 400m Freestyle, placing 5th in his heat and 29th overall.

In Badminton, Mr. Subin Shrestha competed in the Boys' Singles category, while in Judo, Ms. Samita Nepali represented Nepal in the -44 kg division, concluding her run in the Round of 16.

Overall, China topped the medal standings followed by Uzbekistan and Kazakhstan. The top 5 medal ranking is given below:

Rank	Team/NOC	Gold	Silver	Bronze	Total
1	People's Republic of China	63	49	35	147
2	Uzbekistan	37	16	28	81
3	Kazakhstan	24	29	40	93
4	Islamic Republic of Iran	22	18	36	76
5	Thailand	15	15	18	48

Although Nepal did not secure medals, the Games provided essential exposure for Nepal's emerging athletes, strengthening their experience in high-level continental competition and contributing to the long-term development of youth sports in the country.



PARIS OLYMPICS PARTICIPANTS' PARTICIPATION IN FRENCH EMBASSY EVENT

On 3 April, the French Embassy in Nepal organized a symbolic brisk walk in Patan as part of the global 'Relay Around the World' campaign. The event brought together French Ambassador H.E. Ms. Virginie Corteval, members of the NOC Executive Board, and Olympians who represented Nepal at the Paris 2024 Olympic Games.

The program highlighted international friendship and promoted shared Olympic values, strengthening collaboration between the Nepal Olympic Committee and diplomatic partners engaged in advancing sports and cultural exchange.



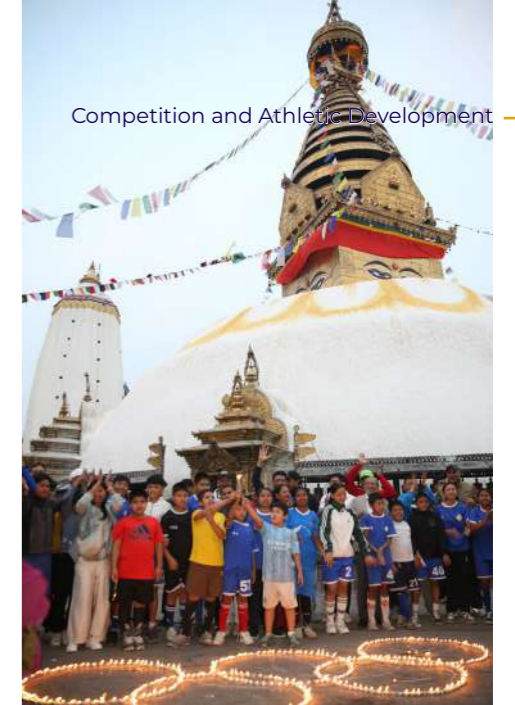
INTERNATIONAL DAY OF SPORT FOR DEVELOPMENT AND PEACE

The International Day of Sport for Development and Peace is observed annually on 6 April to recognize the role of sport in promoting peace, inclusion, and sustainable development. The 2025 global theme, "Levelling the Playing Field: Sport for Social Inclusion," emphasized empowering marginalized groups and ensuring equitable access to sports participation.

To mark the day, the Nepal Olympic Committee organized a special lighting program at the

Swayambhu Temple: an iconic symbol of peace and harmony. Athletes, NOC officials, students, and community members lit candles arranged in the shape of the Olympic rings, symbolizing unity, peace, and hope.

The event blended cultural and spiritual significance with the Olympic spirit and reaffirmed Nepal's commitment to advancing peacebuilding and social cohesion through sport.



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LEVELLING THE PLAYING FIELD: SPORT FOR SOCIAL INCLUSION.





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OVER THREE DAYS, 23 SPORTING AND CULTURAL ACTIVITIES WERE CONDUCTED ACROSS NEPAL.



CELEBRATION OF OLYMPIC DAY 2025

Olympic Day, observed globally on 23 June, was celebrated in Nepal with a series of events designed to promote physical activity, community participation, and Olympic values. The celebrations were held at the NOC Earthquake Memorial Multipurpose Hall and organized under the global theme “Let’s Move” together for health, sports and community.

Over three days, 23 sporting and cultural activities were conducted across Nepal. The Nepal Olympic Committee concluded the celebrations with an Olympic Day Rally and a Cycle Rally at Swayambhu. NOC President Mr. Jeevan Ram Shrestha inaugurated the rally by transferring the Olympic torch to Olympian athletes, emphasizing the importance of expanding the Olympic movement and promoting unity and peace through sport.

NOC Vice-President and Chair of the Olympic Day Coordination Committee, Mr. Ashok Bajracharya, highlighted the successful dissemination of the Olympic message and expressed appreciation to all stakeholders involved in organizing the activities. Secretary General Mr. Rajiv Shrestha reiterated that Olympic Day represents an ongoing movement encouraging active lifestyles, participation in sport, and the promotion of peace, inclusion, and unity.

The closing ceremony featured demonstrations by Karate, Wushu, Judo, and B-Boying groups, as well as a cultural performance by Galaxy Public School. Certificates of appreciation were presented to associations that contributed to the successful organization of Olympic Day 2025.



SOUTH ASIA OLYMPIC COUNCIL MEETING, PAKISTAN

The South Asia Olympic Council (SAOC) convened a key Executive Committee meeting in Lahore, Pakistan, on 25 February 2025, attended by Nepal Olympic Committee (NOC) President Jeevan Ram Shrestha. The meeting, chaired by Arif Saeed (President, Pakistan Olympic Association), brought together representatives of all South Asian NOCs where the Indian Olympic Association joined virtually.

Key Outcomes

- The 14th edition of the South Asian Games (SAG) was confirmed to be held from 23-31 January 2026 across three Pakistani cities: Lahore, Islamabad, and Faisalabad.
- A core sports programme was approved, listing 27 confirmed sports (including aquatics,

athletics, team sports, combat sports, racquet sports, and more) for the Games.

- A follow-up coordination meeting was scheduled for March 2025, with technical handbooks to be released by end of April 2025.
- A Constitution Amendment Committee was formed, tasked with reviewing and updating the SAOC constitution. President Shrestha from Nepal NOC was named as a member of the committee.

This meeting marked a significant step toward a modernized, expanded regional Games structure, reaffirming Nepal's active role in shaping South Asian sports governance.

45TH GENERAL ASSEMBLY OF THE OLYMPIC COUNCIL OF ASIA (OCA), KUWAIT

The 45th OCA General Assembly took place in Kuwait on 11-12 May 2025, under the theme "One Asia." All 45 members National Olympic Committees were represented. Officials from NOC Nepal, including President Jeevan Ram Shrestha and Secretary General Rajiv Shrestha, attended the Assembly.

During the Assembly, the house extended formal congratulations to Kirsty Coventry on her election as President of the International Olympic Committee (IOC). Additionally, Awards of Merit were presented to prominent personalities including IOC President Thomas Bach and other distinguished contributors, acknowledging their contributions to the Olympic movement in Asia. Participation in the Assembly gave Nepal Olympic Committee direct access to continental-level decision-making, enabling engagement with key stakeholders shaping Asia's Olympic future.

Officials from NOC Nepal, including President **Jeevan Ram Shrestha** and **Secretary General Rajeev Shrestha**, attended the Assembly.



General Assembly Members of Nepal Olympic Committee



Nepal Athletics Association



Nepal Archery Association



Nepal Badminton Association



Nepal Basketball Association



Nepal Boxing Federation



Nepal Rafting & Canoeing Association



Nepal Cycling Association



All Nepal Football Association



Nepal Fencing Association



Nepal Handball Association



Nepal Gymnastics Association



Nepal Golf Association



Nepal Hockey Association



Nepal Judo Federation



Nepal Karate Federation



All Nepal Kabaddi Association



Nepal Ski Association



Nepal Swimming Association



Nepal Shooting Association



Nepal Tennis Association



All Nepal Table Tennis Association



Nepal Triathlon Association



Nepal Volleyball Association



Nepal Skating And Skateboard Association



Nepal Taekwondo Association



Nepal Weightlifting Association



Nepal Wrestling Association



Nepal Wushu Federation



Nepal Rugby Association



Nepal Modern Pentathlon Federation



Nepal Baseball And Softball Association



12TH INTERNATIONAL ATHLETES' FORUM, SWITZERLAND

Nepali athlete Ms. Santoshi Shrestha (Athletics) participated in the 12th edition of the International Athletes' Forum held in Lausanne, Switzerland on 11-12 June 2025.

Through her participation, Nepal reinforced its commitment to athlete representation and engagement with global dialogues on athlete welfare, rights, and inclusion within the Olympic movement.



6TH CONTINENTAL ATHLETES' FORUM OF OCA, KAZAKHSTAN

The 6th OCA/OS Athletes Forum was held in Astana, Kazakhstan on 2-3 September 2025. The event gathered more than 120 participants, including athlete representatives from across Asia, as well as officials from the IOC and OCA leadership.

Nepal sent Ms. Mahika Rana (Tennis) and Mr. Bijay Burja (Basketball) as delegates to the Forum which provided a continental platform for athletes' voices. It facilitated dialogue on sport development, athlete welfare, and Olympic values. Nepal's active participation underscores its intent to engage fully with Asia-wide athlete governance and solidarity initiatives.



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THE FORUM WHICH PROVIDED A CONTINENTAL PLATFORM FOR ATHLETES VOICES. IT FACILITATED DIALOGUE ON SPORT DEVELOPMENT, ATHLETE WELFARE, AND OLYMPIC VALUESATHLETE WELFARE, AND OLYMPIC VALUES





CHEF DE MISSION SEMINAR FOR THE AICHI-NAGOYA ASIAN GAMES, JAPAN

20th Asian Games Aichi-Nagoya 2026

Officials from the Nepal Olympic Committee (NOC) participated in the Chef-de-Mission Seminar for the Aichi-Nagoya Asian Games, held in Japan from 22-26 September 2025, as part of preparatory engagements for the Games. NOC Secretary General Mr. Rajiv Shrestha and Executive Secretary Mr. Sujan Lal Shrestha attended the seminar on behalf of Nepal.

The seminar provided comprehensive briefings on Games operations, competition venues, accommodation, accreditation, transportation, and logistical planning. Participation in the Chef-de-Mission Seminar enabled NOC officials to engage directly with the organizing committee and other National Olympic Committees, ensuring timely coordination and effective preparation for Nepal's delegation to the Aichi-Nagoya Asian Games.

This engagement reflects NOC's proactive approach to Games readiness and its commitment to ensuring smooth participation and athlete-focused planning at major international multi-sport events.



CHEF-DE-MISSION SEMINAR FOR SANYA ASIAN BEACH GAMES, CHINA

After a 10-year hiatus, the Asian Beach Games has been scheduled for 22-30 April 2026 in Sanya, China. In preparations, OCA and Sanya Asian Beach Games Organising Committee (SABGOC) held a preparatory chef-de-mission seminar hosting officials from various countries. Mr. Ram Krishna Shrestha (Boss), Secretary of NOC, attended the seminar from 1-2 December 2025 where the organisers briefed the participants regarding venue, logistics, and key preparations for the road to Sanya, 2026.





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THE SEMINAR INCLUDED PRESENTATIONS ON AI APPLICATIONS, VR/AR SIMULATION, DATA ANALYTICS AND THE DEVELOPMENT OF INTERNATIONAL E-SPORTS EVENTS.



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THE IOA SESSION'S MAIN TOPIC WAS "THE FUTURE OF SPORT" WITH A SPECIAL TOPIC ON "OLYMPIC MOVEMENT AND AI: OPPORTUNITIES AND CHALLENGES."



OCA SEMINAR ON ARTIFICIAL INTELLIGENCE & E-SPORTS IN ASIA, KUWAIT



Nepal participated in the Olympic Council of Asia (OCA) Seminar on 'Artificial Intelligence technology and E-Sports in Asia', held in Kuwait in 22 February 2025. Mr. Ayush Joshi (NOC IT & Communication Officer) and Mr. Bimal Tamrakar (Board Member, Nepal eSports Association) represented Nepal at the program.

The one-day seminar which explored the role of AI in athlete performance, injury prevention,

event management and the growing integration of e-sports in the Asian sports ecosystem. The seminar included presentations on AI applications, VR/AR simulation, data analytics and the development of international e-sports events.

Nepal's participation reinforced its engagement with technology-driven approaches to sport and digital sport governance.

65TH INTERNATIONAL SESSION FOR YOUNG OLYMPIC AMBASSADORS, GREECE



Nepali athletes Mr. Rahul Darshan (Modern Pentathlon) and Ms. Sonam Gurung participated in the 65th International Session for Young Olympic Ambassadors, organised by the International Olympic Academy (IOA) in Olympia, Greece, from 7-19 June 2025.

The IOA session's main topic was "The Future of Sport" with a special topic on "Olympic Movement and AI: Opportunities and Challenges." The

program brings together young leaders to study Olympism, engage in lectures and working groups, and return with action plans to promote Olympic values nationally.

Their participation supports Nepal's long-term strategy of cultivating young sports leaders capable of promoting ethics, education, and community engagement within the Olympic Movement.

OLYMPIC SOLIDARITY TECHNICAL COURSE FOR GOLF COACHING (LEVEL 1), NEPAL

The Olympic Solidarity Technical Course for Golf Coaching (Level 1) was conducted over three days at the Gokarna Golf Course, jointly organized by the International Golf Federation (IGF), the Nepal Golf Association (NGA), and the Nepal Olympic Committee.

The course was led by Australian golf development expert Nick Bielawski, with India's Tarun Sardesai serving as assistant coach. A total of 25 Nepali coaches completed the training,

which focused on foundational coaching principles, athlete development pathways, and technical instruction methodologies.

NOC President Mr. Jeevan Ram Shrestha and NGA President Mr. Tashi Ghale jointly presented certificates to the participants. President Shrestha emphasized that the program will contribute to strengthening golf's development infrastructure and coaching standards in Nepal.



“ THE COURSE WAS LED BY AUSTRALIAN GOLF DEVELOPMENT EXPERT NICK BIELAWSKI, WITH INDIA'S TARUN SARDESAI SERVING AS ASSISTANT COACH



1ST OCA-AMMA COACHING COURSE, BAHRAIN

Mr. Rahul Moktan, a Mixed Martial Arts (MMA) coach, participated in the 1st OCA-AMMA Coaching Course held in Manama, Bahrain, from 25-27 August 2025, under the OCA Development Program.

The course, organized in partnership with the Asian Mixed Martial Arts Federation (AMMAF), provided technical instruction on modern MMA coaching methods, athlete safety regulations, officiating standards, and competition rules. Participation in this program strengthens Nepal's growing involvement in emerging combat sports across Asia.

UG 2025 BAHRAIN

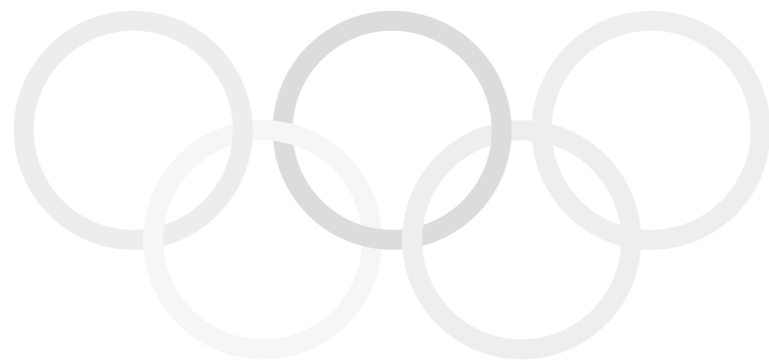




INTERNATIONAL COACHING COURSE (ICC), HUNGARY

Basketball coach Ms. Reena Karki represented Nepal at the International Coaching Course (ICC) in Budapest, Hungary, held from 1 October to 21 November 2025. The ICC, organized by the Hungarian University of Sports Science, organised in cooperation with IOC, supported by Olympic Solidarity, is one of the most prestigious global coaching programs providing a comprehensive blend of theoretical and practical coaching education.

The course included intensive modules on sport pedagogy, ethics of sports coaching, sports analytics, injuries and nutrition in sport. Ms. Karki's completion of the ICC contributes directly to strengthening Nepal's pool of internationally trained coaches and supports the advancement of basketball development nationwide.



IOC-INTERPOL WORKSHOP ON THE PREVENTION OF THE MANIPULATION OF SPORTS COMPETITIONS, UAE

Nepal participated in the IOC-INTERPOL workshop on the prevention of the manipulation of sports competitions, held in Abu Dhabi on 12 November 2025 as part of INTERPOL's broader conferences on match-fixing and anti-corruption.

The workshop brought together law enforcement partners and NOC representatives from Nepal, Bangladesh, India, Pakistan, Sri Lanka and the UAE. The discussions focused on understanding

manipulation methods, criminal involvement in match fixing, role of sports organisation and law enforcement, as well as preventive strategies for safeguarding sports integrity.

Mr. Kiran Bajracharya, former AIG of Nepal took part in the workshop and related sessions, reinforcing NOC Nepal's commitment to safeguarding competition integrity.

INTERNATIONAL
OLYMPIC
COMMITTEE



OLYMPIC SOLIDARITY TECHNICAL COURSE FOR WUSHU COACHES, NEPAL

The Nepal Wushu Federation successfully organized the Olympic Solidarity Technical Course for Wushu Coaches from 7-11 December 2025 at the NOC Earthquake Memorial Multipurpose Hall, with the support of the Nepal Olympic Committee (NOC). The five-day training brought together 68 coaches from across the country, strengthening national coaching capacity in both Taolu and Sanda.

The course was facilitated by IWUF-appointed experts from China: Prof. Ye Wei (Sanda) and Prof. Lin Xiamei (Taolu), who delivered advanced technical instruction, practical demonstrations, and sessions on contemporary coaching methodologies. Their guidance helped

participants strengthen their foundational skills while also gaining exposure to international standards and training systems.

At the closing ceremony, NOC President Mr. Jeevan Ram Shrestha, the President of the Nepal Wushu Federation, Mr. Bir B. Tamang, and NOC Executive Member & General secretary Nepal Wushu Federation Lhakpa Tsering Lama, jointly awarded certificates to all participants. President Shrestha congratulated the coaches for their dedication and emphasized that enhanced technical capacity at the coaching level will play an essential role in promoting Wushu nationwide and elevating Nepal's performance in regional and international competitions.

“ THE COURSE WAS FACILITATED BY IWUF-APPOINTED EXPERTS FROM CHINA: PROF. YE WEI (SANDA) AND PROF. LIN XIAMEI (TAOLU)



ROAD TO LA OLYMPIC GAMES 2028: OLYMPIC ATHLETE SCHOLARSHIP PROGRAM OF OLYMPIC SOLIDARITY



The NOC officially announced and signed the Road to LA Olympic Games 2028 initiative on 19 December 2025 in Kathmandu, marking an important step in Nepal's long-term elite athlete development pathway.

Under the Olympic Athlete Scholarship Program, eight outstanding athletes, recognized as the best performers in their respective disciplines,

have been selected to receive monthly financial support aimed at international competition exposure, high-performance training, and livelihood assistance in preparation for the Los Angeles 2028 Olympic Games. Each athlete will receive a scholarship of NPR 150,000/- per month (approximately).

The selected scholarship recipients are:

Name	Sports
Ms. Manita Shrestha Pradhan	Judo
Mr. Prince Dahal	Badminton
Ms. Evana Thapa	Table Tennis
Ms. Shivali Gurung	Tennis
Ms. Usha Khanal	Cycling
Mr. Tenzin Bertin Rai	Climbing Sports
Mr. Sadbhav Acharya	Golf
Mr. Ervin Shrestha	Swimming

This program is designed to provide structured, sustained, and athlete-centered support, reducing financial barriers and enabling Nepal's top athletes to train and compete at international standards on the road to LA 2028.

NEPAL OLYMPIC COMMITTEE ATHLETE SCHOLARSHIP PROGRAM FOR ASIAN GAMES AND YOUTH OLYMPIC GAMES

In addition to the LA 2028-focused scholarships, the Nepal Olympic Committee announced the continuation of its NOC Athlete Scholarship Program to support athletes representing Nepal at major upcoming multi-sport events.

Athletes selected for the Aichi-Nagoya Asian Games 2026 and the Dakar Youth Olympic Games 2026 will receive monthly financial assistance of

NPR 50,000/-. The support is intended to assist with training, competition preparation, and related expenses, ensuring that emerging and elite athletes receive essential backing during critical phases of their development.

The scholarship recipients are:

Name	Sports
Ms. Arika Gurung	Karate
Ms. Sanumaya Thing	Karate
Mr. Chandra Bahadur Thapa	Boxing
Mr. Tilak Pun Magar	Archery
Ms. Sushmita Tamang	Wushu

Name	Sports
Ms. Rashmi Tamang	Wushu

Through these scholarship initiatives, NOC reaffirms its commitment to athlete welfare, performance development, and long-term investment in Nepal's future sporting excellence.



ENDNOTE

Concluding this year in review, we reflect on our achievements and shortcomings alike. 2025 proved to us that much could be achieved through community, partnership, strategic engagement and collaboration. While we strive for continuous improvements in sports, whether inside the arena or in governance platforms, we are also reminded of the persistent challenges. Our team including athletes and coaches have shown extraordinary discipline and commitment towards the advancement of Nepali sports. We eagerly await the results of such rigor in podiums and beyond.

As we move forward, the Nepal Olympic Committee remains dedicated to expanding opportunities, deepening international partnerships, enhancing athlete welfare, and empowering the next generation through sport. With a clear vision and collective dedication, we step into 2026 prepared to build on the foundations laid this year and to create new milestones for Nepal's Olympic movement.

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Sushmita
Tamang



AICHI-NAGOYA ASIAN GAMES NEPAL OLYMPIC COMMITTEE (NOC) SCHOLARSHIP HOLDERS

**WU
SHU**



Rashmi
Tamang



DAKAR YOUTH OLYMPIC GAMES



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